Sustainability Summit ~ June 11, 2010
Join the conversation!
8:30 a.m. to 4 p.m.
Jean Pigott Place,
Ottawa City Hall,
110 Laurier Ave. West
Building a Sustainable National Capital Region
Bâtir une région de la capitale nationale viable
Choosing our Future Choisir notre avenir
Choosing our Future is hosting a Sustainability Summit to listen, learn and be inspired by community leaders with ideas about how we can become a more sustainable, resilient and livable community.
To register visit **choosingourfuture.ca**, e-mail **info@choosingourfuture.ca** or call 3-1-1.

Eliminate Your Excessive Debt ... And Your Stress

FREE CONSULTATION
DOYLE SALEWSKI INC.
613-237-5555 WWW.DOYLESALEWSKI.CA
Doyle Salewski Inc. "We Help People!"
MEMBER DOYLE GROUP
CREDIT COUNSELORS & TRUSTEE IN BANKRUPTCY

The world's largest global newspaper
metro
OTTAWA • WE NE 2, 2010
metronews.ca

OTTAWA'S HOME BUILDER
Single Family & Executive Townhomes

Valecraft Homes Ltd.
WWW.VALECRAFT.COM

Police put down runaway moose

WILDLIFE A moose is dead after a day-long police pursuit of two of the animals in Orleans yesterday.

Police were called to Ecole Des Pionniers in Orleans, where two young moose were spotted in the morning.

Police attempted to relocate them, but after several unsuccessful attempts at tranquilizing the two animals, "one resilient moose had to be put down to ensure public safety," police said.

The second moose managed to leave the area and return to a wooded area.

Police are asking residents to report animal sightings where the safety of the public may be jeopardized. Residents should not approach moose, because they may charge if they feel cornered.

TRACEY TONG/METRO OTTAWA

FIND MORE ONLINE
WHAT'S THIS BARCODE FOR?
Find out on the Local page.

On the web
Visit metronews.ca for news updates

Parliamen

$3M for girls in developing nations

SEAN KILPATRICK/THE CANADIAN PRESS

Beverley Oda, minister of International Co-operation, announces $3 million in funding for the United Nations Development Fund for Women (UNIFEM) on Parliament Hill yesterday. UNIFEM promotes women's and girls' rights in developing countries.

Cutting off supply

320 charges laid in ByWard Market-area drug investigation

More than 80 alleged low-level drug dealers are facing over 320 charges after the Ottawa Police Street Crime Unit wrapped up a five-month investigation designed to choke off the supply of illegal narcotics in the ByWard Market area.

Officers started rounding up alleged dealers yesterday morning, as Project Woody came to an end.

As of 3 p.m., 42 out of 84 alleged dealers had been taken into custody. An additional four individuals were also arrested. Police seized 300 ecstasy pills, one ounce of marijuana and a vehicle from one person. The remaining 40 individuals will have warrants requested for their arrest.

During the course of the investigation, police seized $68,000 worth of illicit drugs and $9,500 in cash.

Crack is still the overwhelming drug of choice for addicts in the downtown core, though Oxycontin is gaining in popularity, said Staff Sgt. Kal Ghadban.

While the value of the drugs may not seem high, Ghadban said the purpose of the operation was to limit the street-level trafficking done by individual dealers, which leads to a reduction in residual crimes.

"There is a direct correlation between street-level drug addiction and the existence of criminal activity," said police Supt. Ralph Erfle. "By choking off the street-level trafficking, we're able to diminish the supply of drugs while simultaneously encouraging referrals to addiction support agencies."

Several of the people charged yesterday were also picked up during the previous projects, police said.

Of the 84 people facing charges, 76 have previous criminal records totalling 1,660 convictions.

"We're not dealing with everyday people here," said Ghadban.

TIM WIECLAWSKI/METRO OTTAWA

Bishop in child porn case denies abusing boy

LAWSUIT A Roman Catholic bishop facing child pornography charges in Ontario says he never sexually abused a boy who lived at Mount Cashel orphanage in St. John's, N.L.

Raymond Lahey denies all claims of sexual assault made in a civil lawsuit filed in April by Todd Boland. The former Mount Cashel resident has accused Lahey in court documents of simulated anal intercourse, sexual rubbing and fondling.

None of the allegations has been proven in court, and no related criminal charges have been filed.

In a statement of defence filed yesterday, Lahey specifically denies "any act of fondling, frottage (sexual rubbing) and simulated anal intercourse."

He says he knew Boland between 1982 and 1985 while working as a pastoral priest at the orphanage.

The bishop resigned as head of the Roman Catholic diocese of Antigonish in Nova Scotia after he was charged in September with possessing and importing child pornography. Lahey was arrested after border agents searched his laptop at the Ottawa airport. He is to stand trial next April in Ottawa.

THE CANADIAN PRESS

BE READY FOR THE PARALEGAL LICENSING EXAM IN LESS THAN A YEAR!
ALGONQUIN CAREERS ACADEMY™
1644 Bank Street
www.algonquinacademy.com
Join our accredited Paralegal program this month.
CALL TODAY
613-722-7811

Free Daily News Group Inc., operating as Metro Ottawa 130 Slater Street, Suite 300, Ottawa, Ontario K1P 6E2. Publisher: Bill McDonald

The Upper Room Home Furnishings

scratch and save

35%

40%

45%

Hurry! Sale Ends June 6th!

2670 Queensview Drive
at Pinecrest Road

**12 Months, No Payments,
No Interest. (OAC)**

613-721-5873
www.UpperRoomHome.ca

How much will you save? Scratch off your card and see!

35% OFF
40% OFF
45% OFF
EVERYTHING

The Upper Room Home Furnishings

2670 Queensview Drive
at Pinecrest Road

613-721-5873

www.UpperRoomHome.ca

Monday to Friday 10am to 9am
Saturday 10am to 6pm
Sunday 11am to 5pm

News on the Move IN THREE EASY STEPS
1 DOWNLOAD THE **FREE SCANLIFE APPLICATION** WITH YOUR SMARTPHONE AT **2DSCAN.COM**
2 USE THE SCANLIFE APPLICATION ON YOUR SMARTPHONE TO **SCAN 2D BARCODES** IN METRO
3 THE CODES WILL DIRECT YOUR MOBILE BROWSER TO RELEVANT CONTENT AT **M.METRONEWS.CA**

Local

Enter 'best-dressed' cyclist pics by noon

Coun. Clive Doucet and the Dutch Embassy are holding a Clean Air Day event in front of city hall at noon today. The event will feature speakers, cycling groups, a "best-dressed" bicycle commuter contest and refreshments. To enter the contest, photos of cyclists should be submitted to the Clean Air Day – Ottawa group on Facebook or to best.dressed.2010@gmail.com.

METRO OTTAWA

Scan this code for Local news.
See the Local page to learn how to scan.

Brocklebank to run in Capital Ward

ELECTION Bob Brocklebank, a former president of the Glebe Community Association, is running for the Capital Ward council seat. Brocklebank has been a vocal opponent of the Lansdowne Partnership Proposal.

Accessibility advocate Daniel Oickle has withdrawn from the race in Alta Vista Ward. And meanwhile, Robert Larter has moved to yet another ward race. Larter is now registered in Orleans. He previously registered as a candidate for mayor and in College, Bay, Barrhaven and Kanata North wards.

TIM WIECLAWSKI/METRO OTTAWA

metronews.ca
What's online today.
Video The power of the Mentos-diet soda combo gets put to work propelling vehicles at **metro news.ca/world**

Lotteries

Ontario Pick 3: 5 0 9; **Ontario Pick 4:** 4 3 1 0
Encore: 1376474
Daily Keno: 1, 12, 16, 21, 22, 23, 29, 31, 34, 39, 41, 44, 45, 49, 56, 58, 62, 65, 66, 68
These results are not official.

ADVERTISE TODAY!
1 888 91 metro (63876)

Fringe fest always a surprise

'Absolutely different mix every year' for theatre smorgasbord

TRACEY TONG
tracey.tong@metronews.ca

When you walk into an Ottawa Fringe Festival show, there's a feeling of anticipation and uncertainty that comes with not knowing quite what to expect.

After all, the festival's lottery system gives seasoned theatre veterans and wannabe performers an equal shot at becoming part of the 14th annual festival, which runs from June 17 to 27.

"There's always something really exciting and there's always a dud," said Catriona Leger, communications manager with the festival. "It brings an absolutely different mix every year. You never know what we're going to get, but there's always something for everyone."

"I'm really excited about the diversity in this year's lineup, because there really is something for everyone," said the festival's executive producer, Natalie Joy Quesnel. "There's dance, there's comedy, there's drama, there's puppetry, there's strange, there's normal, there's pretty much everything and anything. That's what I'm most excited about. You never know what you're going to get at the festival."

This year's performer lineup includes Bob Wiseman of Blue Rodeo and returning Fringe celebrities, including Australia's Jonno Katz, who won last year's best solo performance in The Accident and Toronto's Rachelle Elie, who created Joe the Perfect Man.

Other highlights include Ottawa's Margo MacDonald, who created Shadows, a sensual, gender-bending recollection of the true life and times of Eva LaGallienne, the queen of the American stage in the 1930s, for the show.

From the U.S., David Gaines presents 7(x1) Samurai, a one-man, 42-character take on the legend of the Seven Samurai and from Japan, Hiromi Yano performs a solo clown show.

More than 13,000 people are expected to attend the festival this year.

TRACEY TONG/METRO OTTAWA

This year's Ottawa Fringe Festival features a diverse lineup with dance, comedy, drama and even puppetry, said the festival's executive producer, Natalie Joy Quesnel, at the festival launch yesterday.

June 17 to 27

- This year's Fringe features 60 shows and 350 performances in 15 venues, including five official venues (the SAW Gallery, the Academic Hall and Studio Leonard Beaulne at uOttawa, the Arts Court Theatre and the Arts Court Library) and 10 bring-your-own-venue locations that the artists themselves have arranged.

City woman picked to discuss UN goals at G(irls) 20 Summit

INITIATIVE An Ottawa woman has been chosen to represent Canada in an upcoming summit to discuss how girls and women can solve some of the world's greatest problems.

Just days before the world's leaders gather for the G20 Summit in Toronto, 19-year-old Leah Stuart-Sheppard will be meeting with her peers from each of the G20 countries at the G(irls) 20 Summit, held in Toronto from June 15 to 18, to discuss three of the UN Millennium Development Goals, which include improving maternal health, eradicating extreme poverty and hunger and achieving universal primary education.

This initiative, which is being led by the Belinda Stronach Foundation, is part of a campaign called 3.3 Billion Ways, based on the premise that there are 3.3 billion girls and women in the world.

"Women can make a great contribution ... If women have the opportunity to add one year of education, her income increases by 10 per cent," Stronach said.

TRACEY TONG/METRO OTTAWA

Mission helps man turn life around

GRADUATION Sixteen months ago, Phil Thompson showed up at the Ottawa Mission, as a penniless, alcoholic high-school dropout, hoping for a bite to eat. He got a lot more than he asked for.

"My life fell apart due to alcohol," said Thompson. "I ran out of money and was on the street."

It was in January 2009 during a visit to the Mission that he saw a poster for an addiction counselling day program and decided to sign up. He soon went through the 30-day stabilization program and the five-month drug and alcohol rehabilitation program at the Mission's LifeHouse. He's been sober ever since, the longest time since high school.

While at LifeHouse, he started taking classes to obtain his high school diploma through the Mission's Stepping Stones Learning Centre, nearly 30 years after first dropping out.

Yesterday, Thompson received his high school diploma and a $3,336 bursary to pay for his first year in the professional writer program at Algonquin College.

Finishing high school was not easy for Thompson, who had to learn to type and use the Internet.

"I can't imagine where I'd be or what I'd be doing if I hadn't came by that day, but I know I wouldn't be preparing for college."

TIM WIECLAWSKI/METRO OTTAWA

LEAVING LASTING LEGACIES
A FREE ESTATE PLANNING SEMINAR
SATURDAY, JUNE 12, 2010 at 11AM
4 ways to register :
• Online : www.MyOttawaLawyer.com
• E-mail : info@deidrepowell.com
• Fax : 613-695-8778
• Phone : 613-695-8777
Register by June 4th to receive a special discount on the drafting of your Wills and Powers of Attorney and our Probate Package!
RHEMA HALL - 1550 CHATELAIN AVE, OTTAWA, ON K1Z 8B5

NATIONAL HR CONFERENCE (IPMA)
WESTIN OTTAWA
JUNE 6-9, 2010

SPECIAL SPEAKERS OFFER
Themes of 18 speakers: the future of the public service – its directions and demography, social media and organization, what to do about incompetents, international recruitment, leadership and inspiration.

KEYNOTE SPEAKERS include:
DAPHNE MEREDITH, Chief Human Resources Officer, Government of Canada (Honorary Conference Chair) on future directions for public service

LINDA DUXBURY, Professor, researcher, speaker, on demographics in the public service

Sign up for SINGLE SESSIONS: $60 (plus GST)
or for the full conference: www.ipma-aigp.ca
email us NOW at national@ipma-aigp.ca

Sponsored by Bell Canada, Hay Group, Ottawa Citizen and HR Reporter

Managing the geese
The National Capital Commission and the cities of Ottawa and Gatineau have launched their annual goose management campaign in urban parks. METRO OTTAWA

Securing the city

OC Transpo recognizes employees' extra efforts

TRACEY TONG
tracey.tong@metronews.ca

On Nov. 27, OC Transpo bus operator Paolo Paz went to work on what he thought would be another ordinary day.

But when the 35-year-old Ottawa resident witnessed a collision between a car and motorcycle at the intersection of Richmond Road and High Street, he sprang into action.

Paz immediately stopped his bus and blocked the street to prevent other vehicles from driving through. He called police and paramedics and cared for the motorcyclist, who had been run over by a fleeing vehicle.

Yesterday, Paz was named the 2009 Transecure employee of the year, and was one of 12 transit employees honoured during the 20th annual Transecure awards ceremony.

TRACEY TONG/METRO OTTAWA

OC Transpo bus operator Paolo Paz was named Transecure employee of the year yesterday.

The employees, who reunited lost children with their families, helped people in medical distress and reported crimes that led to arrests, were recognized for going beyond the call of duty.

"Our mass transit system and the safety and security of our residents and visitors riding our transit system has a very high priority," said Mayor Larry O'Brien. "OC Transpo employees are on the road around the clock.

"They are our eyes and our ears. Every day, they not only ensure transit users make their destinations on time, but also keep a watchful eye, providing assistance when needed."

"Transecure is a community watch program on wheels in our city," said transit committee chair Coun. Alex Cullen. "OC Transpo employees are roving the city every day, all day. They may be the first to spot fires, accidents, the first to notice lost children or seniors in need. The quicker they act on what they see, the sooner the situation can be handled successfully."

There were 314 Transecure calls logged last year. Since its inception in 1989, employees have logged 9,117 calls.

aptn Aboriginal Peoples Television Network
FREE EVENT
www.aboriginaldaylive.com

Aboriginal Day Live
June 20, 2010 | Victoria Island | 8:30PM

Featuring
Inez
Digging Roots
DJ Madeskimo
Kinnie Starr
Lucie Idlout
Plex
Hosted By
Don Kelly
Jennifer Podemski

our time to Shine

Career Education
Feel Great About Your Future

Work in Health Care in Less Than 1 YEAR!*

We'll Help You Get There
> Hands-on Training
> Small Class Sizes
> Experienced Instructors
> Financial Aid Available for Those Who Qualify

For More Info, Call
1-866-838-7134
Apply online at www.EverestCanHelp.ca

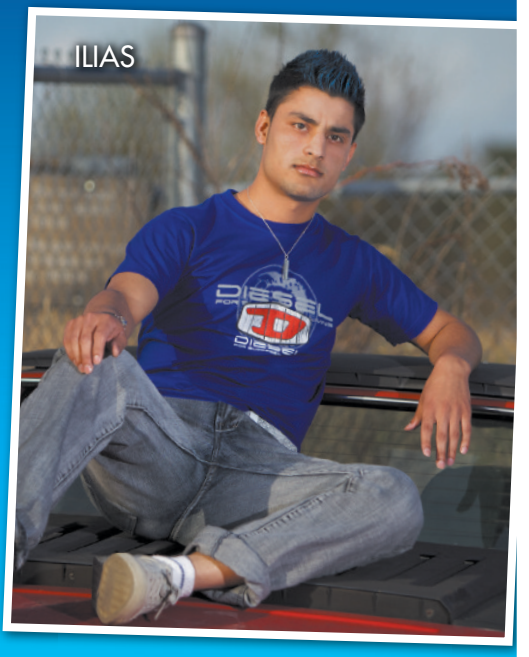
Everest | COLLEGE
Ottawa East
Ottawa West
*Some programs longer than one year

NPTPUB1K

RDI Model & Talent is revolutionizing the modeling industry in Ottawa by making it affordable!

$119 Introduction to Modeling

NO HIDDEN FEES



We provide a safe and friendly environment with professional instructors

CALL NOW

FOR MORE INFORMATION OR TO BOOK YOUR SPOT

Info line open:
Mon-Fri: 9:30AM–7PM
Sat: 10AM– 5PM
Sun: Noon–5PM

613.824.8111

2742 St. Joseph Blvd., Suite 205

www.rdimodel.com

rdi
MODEL & TALENT

Space is limited. 18 and under must be accompanied by an adult. Some conditions may apply. Applicable taxes extra. T.M. Goble is CEO and President of RDI Canada. B. Alex Markle is a volunteer consultant to RDI Model & Talent. Prices subject to change without notice. Offer ends June 11, 2010.

A VERY SPECIAL THANK YOU TO A FEW OF OUR GENEROUS SPONSORS, MARKA FASHION BOUTIQUE WHO PROVIDE RDI MODELS WITH EXQUISITE GOWNS AND TO FLOWERMANIA FOR THEIR CREATIVE CUSTOM ARRANGEMENTS DELIVERED DAILY.

Marka Fashion Boutique
613-841-9884

FlowerMania
613-834-2222

CT services to go private in Saskatchewan
The Saskatchewan government plans to contract out some CT services in the province to a private health provider to try to reduce wait times for the medical imaging procedure. THE CANADIAN PRESS

Canada

We're fed up with Mulroney affair: Poll

Canadians have had just about enough of the murky Mulroney-Schreiber affair, a new poll suggests. Nearly two-thirds of respondents to the Canadian Press-Harris Decima survey — 61 per cent — said they want Justice Jeffrey Oliphant's inquiry to be the last word on the former prime minister's dealings with German-Canadian businessman Karlheinz Schreiber.
THE CANADIAN PRESS

Privacy boss to probe map project

GOOGLE Canada's privacy commissioner will investigate how Google's street mapping project went through people's front doors and into their homes.

Jennifer Stoddart has already heard Google's confession that it accidentally eavesdropped on people's wireless networks while taking photographs for its Street View map service.

At first, the search engine giant said it was just capturing network locations but later said its cars also picked up material from home computers using those networks.

Now, Stoddart says she wants to know how this happened and what the impact is on Canadians' privacy. THE CANADIAN PRESS

Montreal **Coke bust**

PAUL CHIASSON/THE CANADIAN PRESS

RCMP officers stand behind a display, part of 343 kilograms of cocaine hidden in ceramic tiles, after seizing in a container yesterday in Montreal. Police arrested a local businessman.

Three Canadians held in flotilla raid

Foreign Affairs now says three Canadians are being detained in Israel following a military raid on a convoy of ships off the Gaza coast.

Kevin Neish

A department spokeswoman says officials are working with Israeli authorities to provide consular assistance to the Canadians, whose names were not released.

The daughter of Kevin Neish, a retired marine engineer from Victoria, has identified him as one of the three but says he should be home soon.

Jennifer Neish says Foreign Affairs has confirmed her 53-year-old father is alive and well and will be deported from Israel within 72 hours.

Neish was aboard one of six vessels on a mission to carry humanitarian relief to the blockaded Gaza Strip.

Nine of the pro-Palestinian activists on board were killed when Israeli soldiers stormed the flotilla Monday morning.

Neish was going to repair a well in a Palestinian community in Gaza but, on the ship, he was assigned to "defend" journalists in the event of a military boarding.

"Since the Israeli military always tries to seize the media first to destroy evidence, my job is to non-violently get in the way of the Israeli commandos in a narrow passageway for about 30 seconds so the journalists can upload their reports," he wrote last month on the website Dialogue with Diversity.

"It should be interesting, to say the least." THE CANADIAN PRESS

Scan this code for more Canada news.
See the Local page to learn how to scan.

News in brief

POLITICS Immigration Minister Jason Kenney says he has hatched a deal with his Liberal critic to push ahead his controversial refugee reform package. In comments laden with rare compliments for his political opponent, Kenney said he is accepting all the changes put forward by Liberal immigration critic Maurizio Bevilacqua. THE CANADIAN PRESS

CORRECTION In the article "Troops stunned at officer's dismissal" published May 31, an image was incorrectly identified as being of Brig-Gen. Daniel Ménard. It was, in fact, a picture of Brig.-Gen. John Vance, who will fill Ménard's position in Afghanistan. Metro regrets the error.
METRO NEWS SERVICES

Confession sealed commander's doom

MILITARY The extraordinary confession of a corporal set in motion the bombshell revelation that ended the tenure and possibly the military career of Canada's top soldier in Afghanistan.

The unidentified solider told a trusted confidant at the Kandahar Airfield about her relationship with Brig.-Gen. Daniel Ménard, sparking a chain of events that reached the top echelons of the military and the government.

Within 24 hours, both Ménard and the soldier, a member of his staff, were on the same military transport plane, headed back to Canada, one defence source said.

In the course of a day, Ménard had gone from commanding 5,000 American and Canadian troops getting ready to launch a major offensive in southern Afghanistan to a humiliating return to Canada to face a possible court martial.

The military gave no date for his return. However, one source said his wife, Maj. Julie Fortin, who commands a logistics company at Canadian Forces Base Valcartier in Quebec, was planning to meet him when he arrived back in Canada. TORSTAR NEWS SERVICE

Girl, 4, dies after wagon accident
A four-year-old girl has died after she and five classmates were injured by a horse-drawn wagon in Thunder Bay, Ont. Willow Scott Hannam was on a field trip with her kindergarten class from Hyde Park School on Monday morning. THE CANADIAN PRESS

Officer knifed nearly to death

Witness attacks investigator at police HQ

An interview at the headquarters of Alberta's police investigative unit turned bloody yesterday when a witness pulled out a knife and began stabbing an officer almost to death.

Police say the attack happened in an interview room at the offices of the Alberta Serious Incident Response Team.

The officer involved in the struggle, a plainclothes RCMP investigator working for the team, was stabbed three times and rushed to hospital with life-threatening injuries. His condition was upgraded to good after surgery. He still faces another operation.

Clifton Purvis, who heads the investigative unit known as ASIRT for short, identified the injured officer as Sgt. Andrew Johnson. Johnson's wife and two sons were with him at the hospital, Purvis said.

An unnamed suspect was arrested at the scene, but needed to be taken to hospital himself for a "bump on the head."

Calgary police Duty Insp. Vic Trickett said a man in his 30s, who was previously known to police, showed up at the office and asked to speak with an officer. He was escorted to an interview room, Trickett said.

Usually there would be audio and video running in the room, but that wasn't the case because it wasn't a formal interview, Purvis said. He also said ASIRT team members have body armour and weapons, but can choose whether to wear them. The injured officer was not wearing any protective gear.

"As the incident occurred, other ASIRT members ... heard the commotion and ... rushed to intervene with the disturbance. The ASIRT officers took the ... the suspect into custody and immediately ... started to help their fellow worker."

EMS spokesman Stuart Brideaux said paramedics feared for the officer's life as he was being transported to hospital.

Photos of him being taken from the building showed a man apparently unconscious with blood over his left eye.

The suspect also appeared to be unconscious as he was taken from the building on a stretcher. There was blood on the pillow behind his head.

The ASIRT offices are secure in that anyone arriving has to be buzzed in, Purvis said. But he said there are no metal detectors and no policy to search every person who enters.

THE CANADIAN PRESS

JEFF MCINTOSH/THE CANADIAN PRESS

Clifton Purves, executive director of the Alberta Serious Incident Response Team, addresses the media yesterday after an officer under Purves's command was taken to hospital after receiving serious stab wounds.

News in brief

PLEA Two Ontario men accused of helping a pilot smuggle 45 kilograms of marijuana into the U.S. at a small Michigan airport are scheduled to return to court for a guilty plea. Authorities allege Matthew Moody and Jesse Rusenstrom, both of Windsor, met the Cessna at the Sandusky, Mich., airport in November. THE CANADIAN PRESS

OLG spent lavishly: Report

AUDIT A new report into lax spending controls at the troubled Ontario Lottery and Gaming Corporation reveals a gravy train of expense account meals for staff, lavish car allowances for executives and $500 personal computer subsidies for staff.

The report by auditor general James McCarter was ordered last year by Finance Minister Dwight Duncan after concerns about loose spending at the Crown corporation came to light. McCarter confirmed suspicions that employee expense claims were "routinely approved" without "required documentation" such as detailed receipts or written explanations for everything from meals to taxis, tolls and parking.

"OLG is a public agency, and it is therefore reasonable to expect it to manage public resources prudently."
Ontario auditor general James McCarter

The report reveals the company's lottery division was routinely spending $100,000 a year on season's tickets and corporate boxes at sporting events. There were also "excessive costs" of $1 million on corporate and divisional meetings, including a four-day conference for 250 senior employees in 2009 at a resort casino with a price tag of $551,000, plus travel costs.

In his report, McCarter noted OLG officials were not heeding his reminders that government agencies should be "spending taxpayer dollars with the same care they would take in spending their own money." He added: "OLG is a public agency, and it is therefore reasonable to expect it to manage public resources prudently."

McCarter said OLG has started to make changes, such as adopting the government's travel expense policy and no longer purchasing season's tickets and corporate boxes at sporting events. TORSTAR NEWS SERVICE

No more old-age pensions for prisoners: Feds

OUTCRY The Harper government wants to bring in legislation to cut off old-age pensions for people in federal prison.

The legislation follows an outcry from victims' groups over news that prisoners, including serial killer Clifford Olson, are eligible to collect pensions while behind bars.

Diane Finley

Human Resources Minister Diane Finley says the changes would prevent prisoners from applying for old-age security and guaranteed income supplement payments.

She says the legislation would affect about 400 people in federal prisons.

The government hopes the provinces and territories will agree to cut off another 600 prisoners in jails. Cutting off federal prisoners would save about $2 million a year.

THE CANADIAN PRESS

World Partnership Walk

Sunday June 13, 2010
Major's Hill Park

Join thousands of Canadians in 9 cities across Canada!

100% of funds raised go directly to international development initiatives, and there's no registration fee!

Walk the Walk. Change the World.

Register online at:
WorldPartnershipWalk.com

Slain woman was pregnant, autopsy confirms

Police say they are withholding the cause of death of a Hamilton, Ont. woman fatally attacked in her store a week ago. But police say a forensic autopsy confirms that the victim was five to six weeks pregnant at the time she was killed. THE CANADIAN PRESS

Public Notice for Adult Ontarians Living with Diabetes

Living with diabetes is not easy, but managing it day-to-day really means taking good care of yourself.

The Diabetes Testing Report will be sent from the Ministry of Health and Long-Term Care to your physician. It will tell him or her when you last had three important tests: blood sugar test (A1C), cholesterol test (LDL), and retinal eye exam. We know that people living with diabetes who receive these tests regularly are better able to manage their diabetes and avoid complications. If you have diabetes and are not sure whether you have had these three tests, talk to your health care provider.

The Benefits

- Helps you and your physician better manage your diabetes care
- Lets you and your physician know if you are overdue for an A1C test, LDL test, and retinal eye exam
- Makes it easier for you and your physician to talk about your diabetes care

Respecting Your Privacy

To create this report, the Ministry of Health and Long-Term Care and your physician will confidentially share the date of your last A1C test, LDL test, and retinal eye exam.

You may choose not to be included on your physician's Diabetes Testing Report. If you wish to withhold or withdraw your consent to have your information included on this Diabetes Testing Report, call **ServiceOntario** at **1-800-291-1405, TTY: 1-800-387-5559** on or before June 11, 2010. Should you choose to withhold or withdraw your consent, your physician will continue to provide health care to you.

For more information about the collection, use and disclosure of your personal health information for the purposes of the Diabetes Testing Report, or if, at any time, you change your mind about having your information included in future Diabetes Testing Reports, call **ServiceOntario** at the numbers listed above. For more information about diabetes, visit **Ontario.ca/diabetes**

Paid for by the Government of Ontario.

Ontario

Ombud gets his job back after smears

Accusations from government insiders that he was a tyrannical boss who abused a taxpayer-funded expense account took on tinges of McCarthyism, Andre Marin said yesterday after he was reappointed as ombudsman.

At first Marin declined to comment on the smear campaign, calling it "water under the bridge." But just moments later he made it clear the months-long ordeal had been hard to take.

Andre Marin

"Of course it hasn't been easy," said Marin, who was reappointed to a five-year term.

"It's been very difficult on me and my family and my office, but it's part of the process."

Marin was the subject of a campaign by unnamed Liberals to discredit him after the government announced it wanted a new process for hiring independent officers of the legislature. The opposition parties held firm in demanding Marin be reappointed.

Marin seemed the obvious target after the Liberals quickly agreed to reappoint Anne Cavoukian as privacy commissioner and Gord Miller as environmental commissioner. Marin was left dangling with just a six-month contract extension as ombudsman.

THE CANADIAN PRESS

Attacks

- The attacks against Marin were generating so much attention that Premier Dalton McGuinty was forced to weigh in two weeks ago to tell Liberals to back off a man who had been doing a good job of pointing out faults with government — the job he was appointed to do.

Family to appeal media ban rejection

COURTS A 15-year-old Nova Scotia girl and her family say they will appeal a judge's decision to reject a request for a publication ban in a case of alleged Facebook bullying.

Last week, Justice Arthur LeBlanc of Nova Scotia Supreme Court said he would not grant a publication ban on the alleged victim's name, or prohibit disclosure of what was posted on the site because the girl's lawyer did not provide evidence to show her client was harmed in any way.

The family's lawyer told LeBlanc today they would appeal his judgment to a higher court, and in the meantime a ban on the girl's identity and details of what was said about her remain under a publication ban. LeBlanc has already approved a separate court order that would require a Halifax-based Internet provider to reveal the identity of the customer who posted the allegedly defamatory comments.

Lawyers for two Halifax media outlets have argued that the prospect for further embarrassment is not enough to warrant restrictions on media coverage.

The girl's lawyer says the fake Facebook page, which was created using the girl's identity, is defamatory because it contains insulting references to her sexual conduct and physical appearance.

THE CANADIAN PRESS

Liberals fighting back on HST

POLITICS Fed up with opposition attacks over the looming harmonized sales tax, Ontario's Liberal government went on the offensive yesterday, calling Progressive Conservative Leader Tim Hudak shifty and dishonest.

Three Liberal cabinet ministers fanned out to different Opposition-held ridings to talk about the benefits a single sales tax will mean for businesses, and to point out what the government says is the hypocrisy and dishonesty of the Tories on the issue.

THE CANADIAN PRESS

FBI hunting 'Granddad Bandit'

A man the FBI says has robbed 21 banks in the eastern and central U.S. is proving to be so elusive that the agency has given him a name — the "Granddad Bandit." The man is believed to be 50 to 60 years old. The FBI describes him as about six feet tall, bald and heavy. He is wanted in 12 states. THE ASSOCIATED PRESS

World

Gore, wife Tipper to separate

Former U.S. vice-president Al Gore and his wife, Tipper, are separating after 40 years of marriage. According to an email circulated among the couple's friends and obtained by The Associated Press yesterday, the Gores said it was "a mutual and mutually supportive decision that we have made together following a process of long and careful consideration." Gore spokeswoman Kalee Kreider confirmed the statement, but declined to comment further. THE ASSOCIATED PRESS

Gaza blockade eased in wake of raid

Israel and Egypt signalled a temporary easing of the Gaza Strip blockade yesterday following harsh international condemnation of the deadly Israeli raid on an aid flotilla en route to the sealed-off Palestinian territory.

Egypt said it was freely opening its border with Gaza for the first time in more than a year to allow in humanitarian aid, setting off a mad rush to the crossing by thousands of residents, while an Israeli official said there is an "ongoing dialogue" with the international community on how to expand the amount of goods entering the area.

At the same time, Israel began expelling some of the nearly 700 activists it rounded up in the naval raid, and strongly rejected criticism that its tactics were heavy-handed.

The government said it would deport almost all of them within the next two days, but about 50 would be held for investigation into their part in the violence at sea.

KAREL PRINSLOO/THE ASSOCIATED PRESS

An Orthodox Jew holds a Palestinian flag outside the Israeli Embassy in London yesterday to denounce Israel's raid on ships allegedly taking humanitarian aid to the Gaza Strip.

Israel pledged to halt a new attempt by pro-Palestinian groups to sail more ships into Gaza, and claimed some of the arrested activists carried weapons and large quantities of cash, raising questions about whether they were mercenaries.

Worldwide condemnation has been flooding in since Israeli naval commandos halted the aid flotilla in international waters overnight Monday, setting off a melee that left nine activists dead and dozens wounded. Turkey, an unofficial backer of the flotilla, has led the criticism, accusing Israel of committing a "massacre," and the UN Security Council demanded an impartial investigation. THE ASSOCIATED PRESS

News in brief

MAINE The guys who became an online sensation by creating geysers from soda and Mentos candies have discovered it's not just entertainment. It can propel vehicles, as well. A contraption created by Fritz Grobe and Stephen Voltz using a bike and a trailer is powered by piston mechanism using hundreds of pieces of Mentos candy and Coke Zero. THE ASSOCIATED PRESS

Criminal, civil probes opened into oil spill

U.S. attorney general Eric Holder said yesterday that federal authorities have opened criminal and civil investigations into the nation's worst oil spill, and BP lost billions in market value when shares dropped in the first trading day since the company failed yet again to plug the gusher.

Investors presumably realized the best chance to stop the leak was months away and there was no end in sight to the cleanup. As BP settled in for the long term, Holder announced the criminal probe, though he would not specify the companies or individuals that might be targeted.

"We will closely examine the actions of those involved in the spill. If we find evidence of illegal behaviour, we will be extremely forceful in our response," Holder said in New Orleans.

With the ambitious "top kill" abandoned over the weekend, BP's hope to stanch the leak lies with two relief wells that won't be finished until at least August. The company is, however, trying another risky temporary fix to contain the oil and siphon it to the surface by sawing through the leaking pipe and putting a cap over the spill.

Holder

The cleanup, relief wells and temporary fixes were being watched closely by U.S. President Barack Obama's administration.

The president gave the leaders of an independent commission investigating the spill orders to thoroughly examine the disaster and its causes, and to follow the facts wherever they lead, without fear or favour. The president said if laws are insufficient, they will be changed. He said if government oversight wasn't tough enough, that will change, too.

Meanwhile, BP spokesman Graham MacEwen said the company was awaiting analysis of water samples taken in the Gulf before making a final determination on plumes of oil underwater. THE ASSOCIATED PRESS

Up next: Giant garden tool, deli slicer

• U.S. Coast Guard Admiral Thad Allen, the national incident commander, said yesterday that BP was making its first major cut with super shears that weigh 46,000 pounds and resemble a giant garden tool. The company will also use a powerful diamond-edged cutter that resembles a deli slicer to try to make a clean cut above the blowout preventer, then will lower a cap over it with a rubber seal.

Gulf Oil Spill, Hollywood edition: James Cameron shows up at cleanup meeting.

Scan this code for the story.

Learn how to scan on the Local page.

BDO www.bdodebthelp.ca

Let BDO help you get on the road to financial stability

- **Avoid** bankruptcy
- **Consolidate** debt into one manageable monthly payment
- **Stop** interest
- **Stop** harassing calls from creditors
- **Protect** your home and car

Financial problems can happen to anyone. We will advise you about all of your options and find the right solution to alleviate your financial stress.

Serving Canadians since 1958

More people choose BDO than any other firm in Canada*

Free Consultation - Convenient, confidential appointments

The Elgar Building
200 Elgin St, Suite 903
613-235-5225
1-800-754-1579

BDO Canada Limited *OSB Statistics

Trustee in Bankruptcy - Credit Counsellors - Proposal Administrators

Interested in modeling and thought you couldn't afford it?

RDI makes it affordable

$119 Introduction to Modeling

NO HIDDEN FEES

4-week introduction to the basics of modeling:

- Runway
- In-class sessions with our professional instructor
- Safe and friendly environment
- and more

CALL TO BOOK YOUR SPACE
Info line open:
Mon-Fri: 9:30AM–7PM
Sat: 10AM– 5PM
Sun: Noon–5PM

rdi MODEL & TALENT

2742 St. Joseph Blvd., Suite 205
613.824.8111
www.rdimodel.com

OUR SPONSORS:
STARS MEN'S WEAR · Ottawa Athletic Club · Real People Management Inc. N.Y., A DIVISION OF RDI, U.S. · Marka Fashion Boutique · FlowerMania

Space is limited. 18 and under must be accompanied by an adult. Some conditions may apply. Applicable taxes extra. T.M. Goble is CEO and President of RDI Canada. B. Alex Markle is a volunteer consultant to RDI Model & Talent. Prices subject to change without notice. Offer ends June 11, 2010.

DRAMA. SUSPENSE. COMEDY.
Visit metronews.ca to watch metratube of the day

Young says SCLC infighting is about organization, not movement

Civil rights icon Andrew Young says he has little use for the Southern Christian Leadership Conference, where he once worked alongside the Rev. Martin Luther King Jr. Today, infighting and allegations of financial mismanagement are threatening to undermine the social justice group King co-founded in 1957. THE ASSOCIATED PRESS

Lawyer blames murder on magic mushrooms

A California man accused of cutting his friend's heart from his chest and tearing off his face will be charged with murder, though the attorney for the mixed martial arts fighter blamed the death on a psychotic break his client suffered after taking psychedelic mushrooms.

A judge's ruling last week cleared the way for Jarrod Wyatt, 26, to be arraigned Friday on charges of murder, aggravated mayhem and torture in the killing of Taylor Powell, 21, of Crescent City.

Del Norte County Sheriff's Deputy Elwood Lee testified that he arrived at the scene in March to find Wyatt naked and covered head to toe in dried blood.

The body on the couch next to Wyatt had a 45-centimetre incision in the chest and most of its face removed, Lee said.

"I killed him," Lee said Wyatt told him.

Powell's death certificate listed his cause of death as blood loss due to having his heart removed while he was still alive.

Defence attorney James Fallman said his client had a psychotic episode and believed that Powell was possessed by the devil.

"My client was trying to silence the devil," Fallman said.

"I think he was having a psychotic fit based on the mushrooms he had."

Witnesses testifying at a preliminary hearing last week said the victim and suspect became convinced that a tidal wave was coming, heralding the end of the world and the final struggle between God and Satan.

THE ASSOCIATED PRESS

South Korea **Campaign season**

JEE JIN-MAN/THE ASSOCIATED PRESS

Campaigners of the ruling Grand National Party hold their posters during an election campaign in Seoul yesterday. South Korean President Lee Myung-bak's conservative party could get a boost today in local elections.

Giant sinkhole also a giant mystery

GUATEMALA A cavernous and almost perfectly round sinkhole swallowed an entire intersection in Guatemala City during a tropical storm, spooking people in the neighbourhood but exciting geologists.

The hole is 20 metres across and plunges nearly 30 metres deep.

Geologists said yesterday that the circular shape suggested a cave formation underneath, but what exactly caused the sinkhole was still a mystery.

"I can tell you what it's not: It's not a geological fault, and it's not the product of an earthquake," said David Monterroso, a geophysics engineer at the National Disaster Management Agency.

"That's all we know. We're going to have to descend."

The sinkhole formed Saturday and gulped down a clothing factory about two kilometres from the site of a similar sinkhole three years ago.

Neighbours said it was a miracle no factory workers died. "The boys were lucky," resident Honora Oliva said. THE ASSOCIATED PRESS

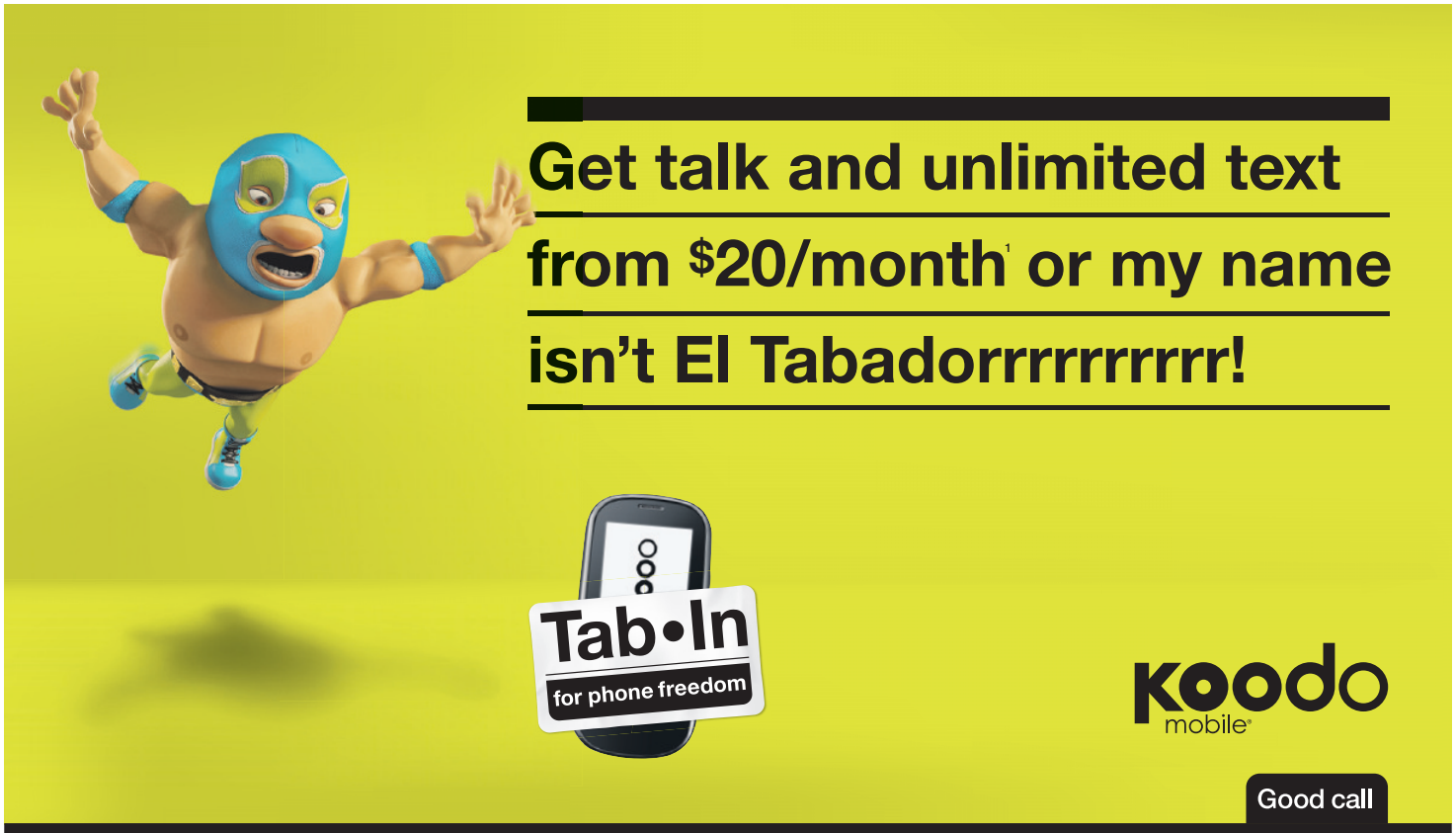
Death of al-Qaida No. 3 'severe blow'

WASHINGTON The White House says it welcomes the demise of al-Qaida's third-ranking official, saying his death is a severe blow to the terror network.

Obama spokesman Robert Gibbs says Mustafa al-Yazid is one of the biggest al-Qaida targets to be captured or killed in five years.

Al-Yazid is believed to have been al-Qaida's top commander in Afghanistan. Al-Qaida says Mustafa al-Yazid was killed along with members of his family. A U.S. official says he was believed to have died in a U.S. missile strike.

THE ASSOCIATED PRESS



AudioTronic Best Buy Future Shop Walmart

koodo shop

Ottawa
Billings Bridge Plaza
Carlingwood Mall
Les Galeries de Hull
Place d'Orleans
Promenades de l'Outaouais
Rideau Centre
St. Laurent Centre

Belleville
Quinte Mall

Kingston
Cataraqui Town Centre

Cornwall
Cornwall Square

(1) Excludes premium messages.

OTTAWA
Managing Editor, Tracey Tong
Sales Manager, Dara Mottahed
Distribution Manager, Bernie Horton

METRO CANADA
Group Publisher, Bill McDonald
Editor-in-Chief, Charlotte Empey
Assoc Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Lisk
Asst Managing Editor, Amber Shortt
Art Director, Laila Hakim
National Sales Director, Peter Bartrem
Interactive/Mrktng Director, Jodi Brown

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

METRO CANADA: VANCOUVER | EDMONTON | CALGARY | TORONTO | OTTAWA | MONTREAL | HALIFAX

Comment

Not such an Easy Ride for Hopper

TheWestView

"Live fast, die young, and leave a good-looking corpse."

That was legendary Hollywood star James Dean's favourite quote, and sure enough, it became a self-fulfilling prophecy Sept. 30, 1955, when he died in a head-on crash while driving a snappy little Porsche.

Then there's Dennis Hopper.

Hopper admired James Dean, who taught him how to act: "Don't act as if you're smoking the cigarette, just smoke the cigarette."

Like his hero, Dennis Hopper was also in Rebel Without A Cause and Giant, and went on to star as the icon of a later generation, Billy in Easy Rider.

And he starred in some of the most powerful movies ever made, including Apocalypse Now and Blue Velvet.

But if James Dean haunted the nightmares of a generation who could not find their way after the Second World War, Hopper remains the bad dream of the baby boom.

When he died Saturday, he was the ghost of Woodstock Nation, wasted by cancer, a grim sacrifice to sex, drugs and rock 'n' roll.

This is a guy who started his career hanging out with Elvis and, 55 years later, Jack Nicholson joined him to celebrate earning his star (finally) on Hollywood's Walk of Fame.

And in the middle he had a 15-year blackout. At one point, he drank half a gallon of rum, followed by a fifth of rum, chased with 28 beers, three grams of cocaine, not to mention a bushel of bud — every day.

He was married five times. In 1970, Michelle Phillips, one of The Mamas & The Papas, was his wife for eight days.

Dennis Hopper is what happens to Peter Pan when he needs to grow up and can't. It took him so long that by the time he was finished, he was really finished. There was nothing pretty about the final act. At the end, he weighed 45 kilos and was in the middle of a nasty divorce with wife No. 5.

Dennis Hopper is why your mom and dad drag themselves onto the treadmill like superannuated hamsters and eat lettuce and tofu instead of steak and fries. When you look into the mirror and see Dennis Hopper looking back at you, how scary is that?

So let's say it's your birthday. You just turned 29. And you're feeling old. That's not old. Dennis Hopper was 74. But that's not even old these days. Average life expectancy is now 80.7. Chances are you'll outlive Dennis Hopper.

Let's hope it's a happier ending.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.

Word on the street: Should we get rid of the penny?

Kema Joseph
Ottawa
A: We need pennies. With our taxes it would involve so much more work to round up all the prices.

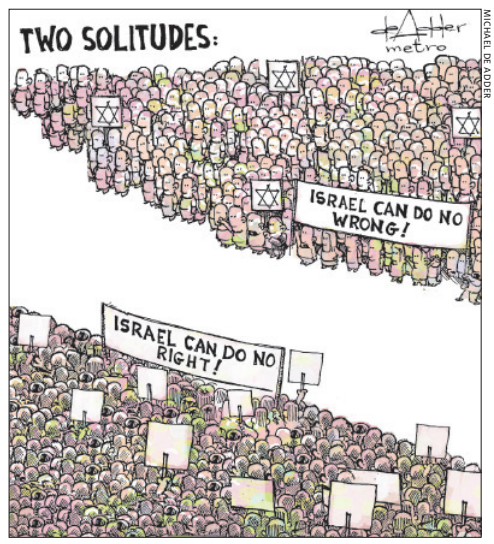
Gowoon Lee
Ottawa
A: Get rid of it. It's really pointless. You get so much change that you don't even know what to do with it.

Tania Steyn
Ottawa
A: All the other countries I've lived in have stopped using pennies. We should go with that. There is no use for them anymore.

Corey Tyhurst
Toronto
A: No. That would accelerate inflation because businesses would round everything up, and then everything that used to be three cents would be five cents.

Julia Green
Vancouver
A: Pennies are kind of annoying, but I would keep them. I really like to pay in exact change because I think not doing so just breeds more change!

Cody Weiss
Calgary
A: We should keep the penny. Having that currency exist is an important part of our cultural past and is an important part of the many historical symbols on coin faces.



Tell us your views by email to ottawaletters@metronews.ca or comment on metronews.ca or on Twitter @metroottawa
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

METRO Ottawa 130 Slater Street, Suite 300, Ottawa, ON K1P 6E2; Tel: 613-236-5058 • 1-888-916-3876; Fax: 1-866-253-2024; Advertising: 613-236-5058 • adinfoottawa@metronews.ca; ottawa_distribution@metronews.ca

ATTENTION!!
REGISTRATION WORK
$14-18 hr/ avg+
No experience needed • Full Industry training provided
STUDENTS WELCOME (18+) • Scholarship programs available
Experience HUGE growth
CALL TODAY:
613-321-4278

Celebrate Bicycle Commuting
On Clean Air Day
National Environment Week
May 30 – June 5

When: Wednesday, June 2, 2010 - 12 noon - 1 pm
Where: Marion Dewar Plaza, Ottawa City Hall, 110 Laurier Avenue West, Ottawa

Councillor Clive Doucet, in collaboration with the Netherlands Embassy, invites you to a Clean Air Day event during Environment Week. The event will feature inspiring speakers, a "best dressed" bicycle commuter contest and refreshments.

The Commuter Challenge is a national program to promote the benefits of sustainable transportation. Residents can take action by using green transport to get to work or school and by registering their commutes on the Commuter Challenge website.

CLEAN AIR DAY | JOURNÉE DE L'AIR PUR

For more information, visit:
www.clivedoucet.com
www.netherlandsembassy.ca
www.commuterchallenge.ca

Special thanks to Metro Ottawa for sponsoring the Commuter Challenge & Clean Air Day in Ottawa.

Commuter Challenge

jobWings launches website about quitting your job

jobWings Careers has launched the www.resignation.ca website (www.demission.ca in French). The site is full of information about quitting your job and explores the ins and outs of how to go about it. jobWings Careers has 16 job boards covering a wide range of sectors, including Nicejob.ca, the most popular Canadian job search engine. METRO NEWS SERVICES

Business

DOLLAR	N.GAS	OIL	TSX
US 94.88¢	US $4.248	US $72.58	11,571.97
US 0.95¢	US 9.3¢	US $1.39	191.02

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Microsoft **Windows shopping**

CHIANG YING-YING/THE ASSOCIATED PRESS

Steven Guggenheimer, corporate vice-president of Original Equipment Manufacturer Division at Microsoft Corp., guides the media in a press booth tour for Microsoft products on the first day of Taiwan COMPUTEX 2010 at Nangang Exhibition Hall of Taipei World Trade Center, yesterday in Taiwan.

BoC hikes interest rate

Canada first among G7 economies to tighten policy

Borrowing costs for consumers and businesses are slated to start rising moderately after the Bank of Canada moved off its ultra-stimulative monetary policy yesterday, hiking its trend-setting interest rate a quarter point.

It was the first time in almost three years the central bank actually raised the policy rate but it will still be regarded as a bold and perhaps risky move on the part of governor Mark Carney.

The move lifts the trend-setting overnight rate to 0.5 per cent and puts Canada first among the world's G7 leading economies to start tightening monetary policy. Most analysts don't expect any others among the big seven to start raising interest rates until next year at the earliest.

The TD Bank was the first to announce a quarter-point hike in its prime lending rate to 2.5 per cent, effective today. Canada's other chartered banks, the prime source of lending for such things as mortgages and business credit, were expected to follow suit.

Markets had already largely priced in a quarter-point hike and most analysts had forecast Carney would keep making incremental increases for the rest of the year.

"They can have their cake and eat it too by signalling they are serious about reinforcing price stability, but they are not going to go too far out on a limb," said Scotiabank's Derek Holt.

The decision will likely affect financial vehicles such as variable rate mortgages and lines of credit tied to the prime rate. But Holt said a quarter-point hike is so small that it will have little impact on borrowing behaviour. Canadians can mitigate the higher interest rate by stretching out amortization schedules, or by paying down less principal, he explained. THE CANADIAN PRESS

Loonie

- The Canadian dollar fell back despite the rate hike, down 0.95 of a cent to 94.88 cents US, pushed lower by uncertainty over what the central bank will do about raising rates in the future.

In **brief**

BANKS Canada's five biggest banks raked in a collective $5.01 billion in profits during the second quarter, holding steady with results from the previous period but still missing inflated analyst expectations. The quarterly tally fell short of the $5.09-billion profit that the group made during the first quarter.

AIRLINE WestJet Airlines Ltd. is close to forging a new partnership with a U.S. airline as it seeks to draw more international traffic into its network. THE CANADIAN PRESS

Replaced by microchips: Automation results in 9,000 jobs being cut at Hewlett-Packard.

Scan code for more.

Learn how to scan on the Local page.

ROGERS

Be Part of the Momentum

We are passionate about bringing the world to Canada and we know that highly energetic people with initiative create ideas and drive innovation at Rogers. Add your energy to ours and join the team in our **Ottawa** location.

CUSTOMER LOYALTY CONSULTANTS

A key member of our Customer Care Loyalty Team, your focus will be on proactively initiating contact with both potential subscribers and existing customers alike to identify their needs and provide them with information on our innovative products and services.

CONSUMER INSIDE SALES

Working within our Call Centre, you will put your passion for innovation and sales to work as you promote our products and services, providing each and every one of our customers with world class service at every opportunity.

If you possess outstanding communication skills, are committed to excellence in service delivery, and are eager to learn, this is your chance to be part of the momentum of a leading communications and media company.

We offer:
- Exciting full-time opportunities
- A competitive starting salary
- Paid training
- A wide range of comprehensive benefits
- Up to 50% discount on Rogers services.

You have the energy to connect Canada to the world.
You have the drive to move up in the world.
You have the momentum.

Visit us at: www.rogers.com/careers

INNOVATION. LEADERSHIP. ENDLESS POSSIBILITIES.

FREE PUBLIC LECTURE

Our Melting Poles: Where Life on Earth is Changing

Parts of the Arctic and Antarctica are warming much faster than the rest of the world.

How are Earth's polar ecosystems changing, and toward what new state?

Talk given by internationally acclaimed scientist Dr. Warwick Vincent.

Wednesday, June 2, 2010
8:00 p.m.

Crowne Plaza Hotel,
101 Lyon Street, Ottawa

For details, see "Public Lecture" on http://www.cmos.ca/congress2010/

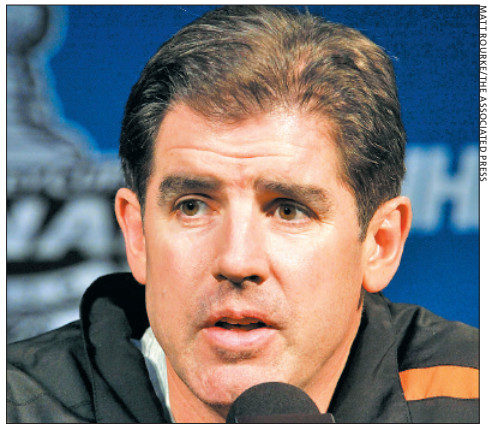
Lidstrom sticking around
Star defenceman Nicklas Lidstrom is choosing to return to the Detroit Red Wings instead of retiring. He has spent all of his 18 NHL seasons with the club. THE ASSOCIATED PRESS

Sports

EDITOR: DON.MCHOULL@METRONEWS.CA

Flyers coach targets Blackhawks goalie

Peter Laviolette went on the offensive yesterday, questioning how long rookie Chicago netminder Antti Niemi can stay hot, while at the same time lamenting a lost chance to exploit "holes" in the Blackhawks' defence.


MATT ROURKE/THE ASSOCIATED PRESS
Philadelphia Flyers head coach Peter Laviolette speaks yesterday during a news conference in Philadelphia.

The Philadelphia Flyers coach was probably trying to plant doubt in the minds of the Blackhawks after Chicago took the first two games of the Stanley Cup final on home ice. They now face Games 3 and 4 in the hostile confines of the Wachovia Center.

Game 3 is set for tonight (CBC, 8 p.m.), with the Flyers looking to rebound from a pair of closely contested, one-goal losses.

"We've got to put more pressure on their goaltender," said Laviolette. "He's a rookie goaltender playing in the Stanley Cup finals.

"We have to get on the board here and put a little bit of doubt there."

If that wasn't enough, Laviolette had another shovel of pressure to throw on the 26-year-old Niemi, who took over the No. 1 job from Cristobal Huet mid-season and has started every playoff game for Chicago.

"Our team is capable of scoring a lot of goals — put a lot of pressure on him," said Laviolette. "It's a tough position, goaltending.

"He's representing a city that hasn't won a Cup in 50 years (since 1961, actually). We have to give him a crack of doubt. We can do that (Wednesday) night."

Despite Laviolette's pokes at their netminder, the Blackhawks have their money on Niemi.

"It seems all season people have been waiting for Antti to slow down and show that he's a rookie and it seems he's been getting better and better," said Chicago forward Patrick Sharp. "He definitely has the confidence of the team and I think he's starting to prove to everyone else what a quality goaltender he is."

THE CANADIAN PRESS

Sports in brief

NBA One month from the start of the NBA's free agency frenzy, LeBron James has handicapped his field of suitors. The Cleveland Cavaliers lead the pack. In his first interview since Cleveland's season ended with a shocking, second-round loss to Boston, James told CNN's Larry King the Cavs have "an edge" to re-sign him. THE ASSOCIATED PRESS

SCOREBOARD

BASEBALL

YESTERDAY'S AL RESULTS
Tampa Bay 7 Toronto 6
Boston 9 Oakland 4
Cleveland 3 Detroit 2
Kansas City 6 L.A. Angels 3
N.Y. Yankees 3 Baltimore 1
Texas at Chicago White Sox
Minnesota at Seattle

YESTERDAY'S NL RESULTS
Florida 6 Milwaukee 4
Pittsburgh 3 Chicago Cubs 2
Philadelphia at Atlanta
Washington at Houston
Cincinnati at St. Louis
N.Y. Mets at San Diego
Arizona at L.A. Dodgers
Colorado at San Francisco

NHL PLAYOFFS

TODAY'S GAME
Chicago at Philadelphia, 8 p.m.

NBA PLAYOFFS

TOMORROW'S GAME
Boston at L.A. Lakers, 9 p.m.

Giant-killer Soderling ousts Federer from French Open

TENNIS There will be a Grand Slam semifinal without Roger Federer for the first time in six years.

French Open upset specialist Robin Soderling struck again yesterday, rallying past defending champion Federer in a rainy quarter-final, 3-6, 6-3, 7-5, 6-4. That ended Federer's record streak of reaching the semifinals in 23 consecutive major events.

The shocker was the second pulled off by Soderling in as many years at Roland Garros. He ended the reign of four-time champion Rafael Nadal in the fourth round a year ago, clearing the path for Federer to win his first French Open title and complete a career Grand Slam.

Federer beat Soderling in last year's final. Before yesterday, Federer was 12-0 against the big-swinging Swede, winning 28 of their 30 sets.

But Soderling's recent improvement was evident as he controlled rallies from the baseline with his thunderous strokes. Federer found himself on the defensive and unable to move forward.

Seeded fifth, Soderling saved a set point in the third set when he won a frantic rally, then won the set to take the lead shortly after a rain delay of 75 minutes.

THE ASSOCIATED PRESS

Nadal No. 1?

- Because of Roger Federer's defeat, Rafael Nadal will reclaim the No. 1 ranking next week if he wins the French Open title. The upset raises the possibility of a Nadal-Soderling rematch in the final.

HOME PHONE LINES
- Excellent Quality
- Satisfaction Guaranteed
- No Activation Fees
- Keep your Existing Phone Number
- All Features FREE

ENHANCED $14.95/MONTH UNLIMITED LOCAL CALLING — ALL FEATURES FREE
UNLIMITED CANADA $19.95/MONTH UNLIMITED CALLING TO CANADA — ALL FEATURES FREE
ONE-RATE $29.95/MONTH UNLIMITED CALLING TO CANADA & U.S.A. — ALL FEATURES FREE
GLOBAL $39.95/MONTH UNLIMITED CALLING TO 25 COUNTRIES! — ALL FEATURES FREE

ALL FEATURES FREE!
✓Voicemail ✓Caller ID
✓Call Waiting ✓Call Forwarding
✓Free Comwave to Comwave calls WORLDWIDE!

UNLIMITED Calling to INDIA
With any Comwave Home Phone Plan
only $19.95/month

LIMITED TIME OFFER
6 MONTHS FREE!
- SATISFACTION GUARANTEED!
- KEEP YOUR EXISTING PHONE NUMBER!

comwave www.comwave.ca 613-216-6096

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any errors in pricing or information at any time. HOME PHONE LINES: VoIP 911 has certain limitations versus traditional 911. The Global Home Phone plan is limited to 3000 minutes per month. Excess minutes used will be billed at 3.9¢ cents per minute. Unlimited Canada plan does not include calls to the Yukon, Nunavut or N.W.T. One Rate plan does not include calls to the Yukon, Nunavut, N.W.T., Hawaii or Alaska. The rates are based on a 3 year term. Satisfaction Guaranteed within 90 days. If you are not 100% satisfied, you may cancel your home phone service no questions asked. Price guarantee is based on competitors lowest advertised rate for like services. The 6 months free promotion does not apply to the Global Home Phone Plan. Limited to 3000 minutes per month. The rates are based on a 3 year term. 6 Months Free - You get 3 months free immediately upon activation of the service. Get an additional 3 months free if you transfer your existing Home Phone Line to Comwave within the first 3 months. $19.95 Unlimited calling to India can add to any Comwave Home Phone Plan and it is limited to 3000 minutes per month. Unused minutes do not roll over to the following month. Terms and conditions apply. See www.comwave.net for details.

Queen's School of Business launches $40-million expansion

Saturday marked the start of construction on the $40-million expansion of Goodes Hall, home to the Queen's School of Business. The facility's namesake, former Warner-Lambert Company chairman and CEO Mel Goodes, has pledged an additional $5 million towards the wing. METRO NEWS SERVICES

Workology

Canada gives colleges $15M

Science and Technology Minister Gary Goodyear announced this week that 12 Canadian colleges will receive nearly $15 million under the College and Community Innovation (CCI) Program. Launched in 2007, the CCI program enables colleges to expand research transfer activities in their communities.

METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Sex and the City's economy

How to skip the recession: Look stylish and be rich, just like fans want it

Early on in Sex and the City 2, Charlotte, Carrie's stay-at-home-mom-on-Park-Avenue friend, is making pink-frosted cupcakes with her daughters.

One of the girls is also finger-painting, and suddenly she smacks her mom on the rear, leaving two bright red handprints on a cream-coloured Valentino skirt. "Lily!" Charlotte screams in fury. "This is VINTAGE!"

Let's leave aside the credulity-straining sight of a mother — any mother — making cupcakes and supervising finger-painting in vintage Valentino. Much less in cream.

Because the scene is typical of the film in another way. Charlotte, who doesn't work but has a live-in nanny, is clearly not suffering a whit from the recession that's hit New York since the first film. Neither is Carrie or Miranda — nor Samantha, unless you can blame menopause on the recession.

In fact, the downturn is virtually nowhere to be seen in Sex and the City 2 — not in the still crazy-expensive fashions worn by all four women, the spacious apartments, or the wedding that opens the movie, featuring swans, a chorus in white tie and tails, and a wedding cake dripping in crystals.

As Carrie might say, "Recession, Schmecession!"

And most fans, if not critics, are saying: "Great! Because that's sorta what we came for."

THE ASSOCIATED PRESS PHOTO/WARNER BROS.

Did anyone notice the complete lack of the recession in Carrie and the Sex and the City girls' latest movie?

That's how Brayden LeBlanc sees it. "Listen, movies are fantasy," said the marketing student in Los Angeles. "This isn't a documentary. I don't WANT to see a recession in this movie!"

Lindy Christopher feels the same way. Recently laid off from her job at a medical centre, she accompanied two friends at a Thursday afternoon showing of the film in midtown Manhattan.

"Everyone has a different life," said Christopher, 26. "This is their life, not mine," she said of Carrie and her friends. "It didn't bother me."

While some didn't care about the film's flaunting of wealth, not everyone feels that way.

Kasondra Williams is holding off a while before seeing the movie. She loved the TV show in its early days, when the characters were "young and cute and trendy," she said. But she's lost interest now that they are older and wealthier.

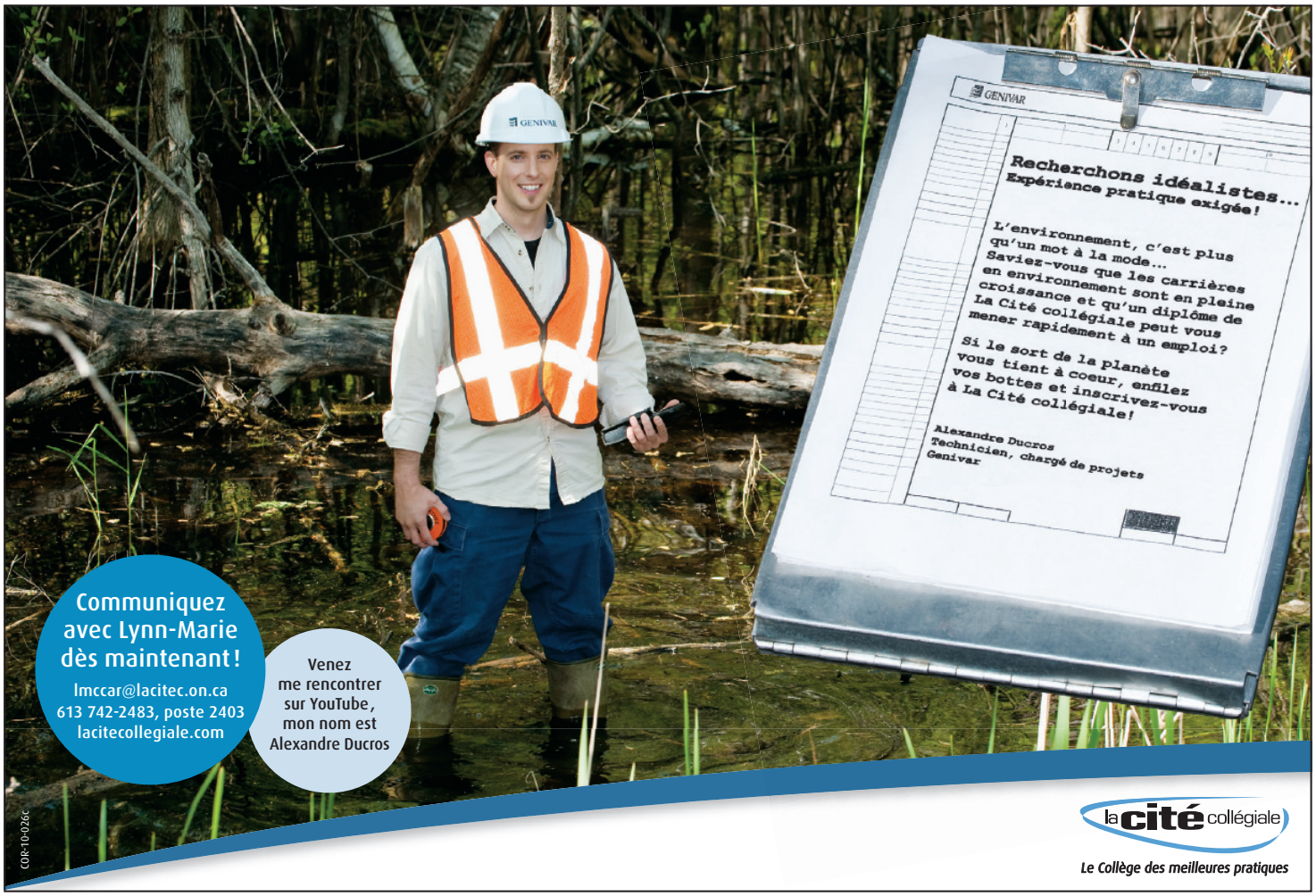
"A lot of people that are going to watch this movie are not as rich as they are," said Williams, 35.

"It's kind of a slap in the face to them. I also don't like the message that as long as you look cute, everything's going to fall into place."

"I thought, OK, it's a depression," explained the film's writer and director, Michael Patrick King, to the website collider.com. "In the Great Depression what did people do? And I thought extravagance. Let's put them on a big vacation."

After all, he said, "Nobody wants to see Carrie Bradshaw selling apples under a bridge. That would be just depressing."

THE ASSOCIATED PRESS



Mount Royal joins Canadian Virtual University
Mount Royal University is the latest member of Canadian Virtual University, an association of accredited Canadian universities offering online and distance education. METRO NEWS SERVICES

Punishment must fit the crime

WorkplaceLaw

"Virtue is its own punishment." ANEURIV BEVAN

Workplace misconduct may be real. But sometimes it still leads to a paid vacation.

Machine operator Martin Jazarevic had a handful of problems at his job. Working at the Oakville, Ont., factory of automotive parts supplier Schaeffler Canada, Jazarevic needed to pay attention to detail. Jazarevic had to regularly inspect his machine and ensure his work product met his employer's specifications.

For six years there were very few problems. Then, however, following the death of his wife, Jazarevic's work started to suffer. He produced non-conforming parts and was forced to participate in a coaching session to review his error. According to the company's progressive discipline policy, Jazarevic first had to be warned and then, after three more infractions in any 12 month period, he could be dismissed.

Jazarevic's errors mounted and his absenteeism rose. He continued to receive disciplinary notices and after producing more faulty parts, he was confronted by his group leader to discuss his ongoing concerns. Jazarevic explained that he was having issues outside of work so he was taken to see the company's nurse who asked him to apply for short term disability and told him to see a doctor. That same day, Jazarevic was diagnosed with depression and alcohol dependency. He applied for disability and was supposed to receive pay for eight weeks.

While off work, Jazarevic was fired. Schaeffler's management decided that, since he had received four disciplinary warnings within a 12 month period, their decision was justified. Jazarevic disagreed and decided to sue.

In rejecting Schaeffler's defence, Justice Roland Haines was not impressed with its decision to dismiss an employee who had been approved for sick leave. As well, since Schaeffler claimed that it simply was relying on its policy in dismissing Jazarevic, it had to follow all of that policy's terms, which included a review of the circumstances of Jazarevic's situation before finally deciding his fate.

Canadian employers continue to allege cause for dismissal based on any perceived wrong. In cases of theft or fraud, they are justified, but in most cases they are not. Judges continue to require employers to show that they investigated misconduct, considered any mitigating circumstances and first offered coaching to any employee they wish to fire without notice: The punishment must fit the crime.

Daniel A. Lublin is an employment lawyer with Whitten & Lublin LLP. Reach him at dan@toronto-employmentlawyer.com.

THE SALT STUDY
University of Ottawa Heart Research Institute is seeking volunteers for a study on **salt and blood pressure.** Determine how YOUR blood pressure is affected by salt.
Call 613-761-4788 or email saltstudy@ottawaheart.ca
UNIVERSITY OF OTTAWA HEART INSTITUTE
INSTITUT DE CARDIOLOGIE DE L'UNIVERSITÉ D'OTTAWA
VOLUNTEERS NEEDED.

GET CAREER READY IN LESS THAN ONE YEAR!

DIPLOMA PROGRAMS IN:
BUSINESS
Accounting and Payroll Administrator
• 33 wk program
• multiple accounting employment opportunities
Paralegal YOU CAN START THIS MONTH!
• Accredited by the Law Society of Upper Canada
• 44 wk program including 4 wk co-op work placement
Travel Counsellor
• 28 wk program including 2 wk co-op work placement
• CITC endorsed
ALGONQUIN CAREERS ACADEMY
1644 Bank Street 613-722-7811 www.algonquinacademy.com

Career Training
Train to Become a Personal Support Worker
Graduate in 6 months and start a career at:
• Long-term care facilities
• Home health care agencies
• Retirement homes/ residences
• Hospices
• Group homes
• Adult and child daycare centres

Everest COLLEGE
BUSINESS • TECHNOLOGY • HEALTH CARE
www.EverestCanHelp.ca
Call Now for More Information!
1-888-508-6714
Ottawa East ▸ Ottawa West
ALSO, 6 MORE LOCATIONS IN THE GREATER TORONTO AREA!
• Financial assistance may be available for those who qualify.
• Career services assistance available
• Morning, afternoon and evening classes available
• Programs and Schedules Vary by Campus
NPPUBK50

JPMORGAN CHASE CONTINUES TO GROW AND INVEST IN OUR CANADIAN TEAM
• Assets of $2.1 trillion and operations in more than 60 countries
• 2nd largest global issuer of Visa and MasterCard
• Over 40 years of stability and growth in Canada
• Offering paid training, paid vacation, great benefits, competitive salary, performance incentives, career growth opportunities and an inclusive culture
JPMorgan Chase is hiring bilingual, English/French, Customer Service Advisors for Lending Adjudication in our Call Center in Ottawa.

Explore new career opportunities online at:
careers.jpmorganchase.com
Keyword: Ottawa1
JPMORGAN CHASE & CO.
We are committed to employment equity. Individuals who consider themselves aboriginal, visible minorities, and/or people with disabilities are encouraged to apply.

SPECIAL FOCUS ON:
World Cup 2010

Travel

Protect your travel documents

Keep your documents safe and organized at this year's World Cup. Make your trip a smooth one with My Tagalongs Identi-fly travel document organizer. With its multiple compartments, for everything from your passport to your flight information, this organizer will keep things front and centre. There is a built-in sealable clear plastic bag to protect your essentials against the elements. (mytagalongs.com)

METRO NEWS SERVICES

EDITOR: BEN.RYCROFT@METRONEWS.CA

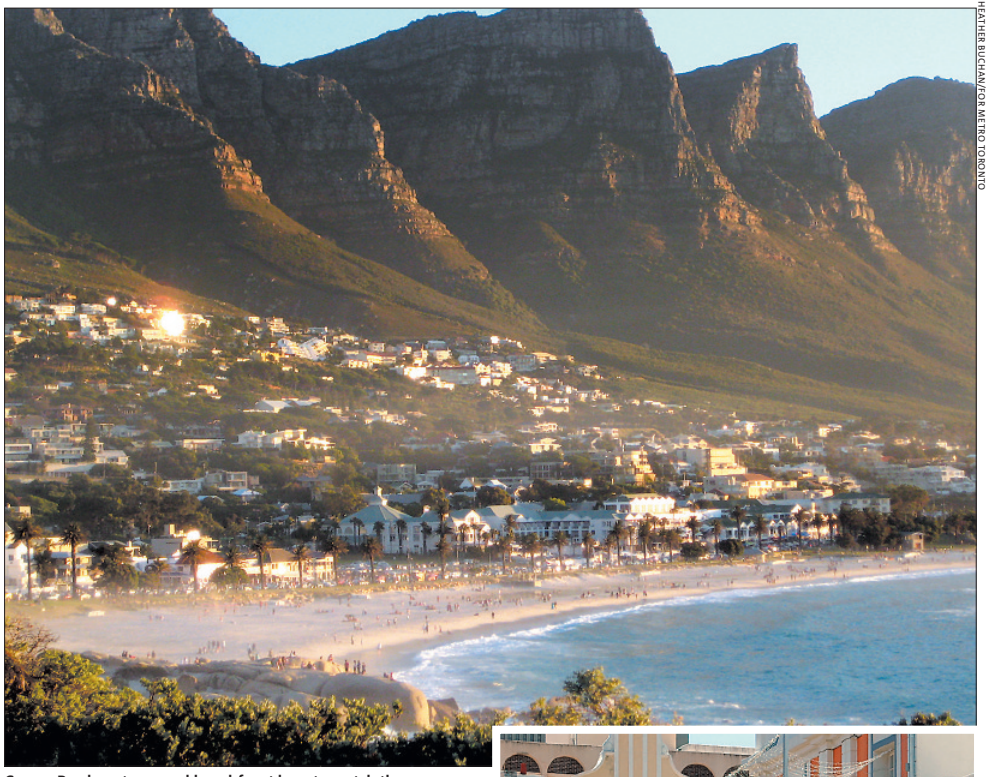
5 Cape Town World Cup pubs

No tickets, no problem — here are the best places to watch games

HEATHER BUCHAN
for Metro Toronto

Aside from boasting one of the most spectacular settings in the world — framed by the Table Mountain to the east and the Atlantic Ocean to the west — Cape Town is well populated with pubs and bars to down a pint while watching the World Cup.

Here are our top five picks to watch the beautiful game in Cape Town.



HEATHER BUCHAN/FOR METRO TORONTO

Camps Bay boasts several beachfront bars to watch the game

1 Mama Afrika — City Centre

Located in the heart of eclectic Long Street in the city centre, this spacious restaurant and bar has a relaxed vibe that caters to the backpacking crowd that gravitates to this area of Cape Town. Mama Afrika also boasts a 12-meter-long bar shaped like a green mamba. Musicians play live music almost every night.

(178 Long St.)

2 Den Anker Restaurant and Bar — V & A Waterfront

This buzzing pub on the waterfront with breathtaking views of Table Mountain, specialized in Belgian beers. Its best-selling Anker beer is brewed exclusively for them and is served on tap. Den Anker also offers an award-winning wine list and a continental-style bistro.

The V & A Waterfront is certainly one of the most touristy areas in Cape Town and will be packed during World Cup. Pierhead, V & A Waterfront

3 Pulse — Green Point

Just outside the city centre and about a 10-minute walk from the V & A Waterfront (and a stone's throw from the soccer stadium) lies this humming seaside suburb where Pulse, a sports bar complete with big screens throughout, is a surefire bet to get optimal views of all the matches taking place throughout the World Cup. What it lacks in ambiance, it makes up for with five giant plasma screens and several projector screens strategically placed throughout. This is for serious sports enthusiasts. (23 Somerset Rd.)

4 Café Caprice — Camps Bay

Situated on the beachfront promenade overlooking the Atlantic Ocean in the trendy suburb of Camps Bay, Café Caprice is a more upmarket locale to catch matches at.

But the direct beach access and the area's vibrant pulse, make it a fun spot to spend an entire day. Despite its name, it is a lively spot to throw back a few tall boys while watching the matches on the big screen TVs behind the bar. Come sunset, you'll be hard-pressed to find a seat as it's the place locals head to. (37 Victoria Rd.)

5 Fireman's Arms — City Centre

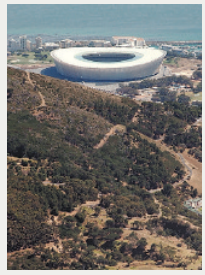
One of Cape Town's oldest pubs dating back to 1864, Fireman's offers 13 beers on tap and traditional pub grub.

They're famous for their Fireman's meat pie, laden with chili. Giant screens are set up, making it a great spot to catch a match amidst the old-world charm.

(25-27 Mechau Rd.)

Long Street in Cape Town City Centre is home to a number of pubs including Mama Afrika.

World Cup
Safety tips



If you're heading to the South African World Cup you need to go prepared. This isn't a tourist trap and there won't be the usual comforts you are used to in resort travel. Here are some tips to keep you and your valuables safe while there.

- Pay special attention to your surroundings at all times
- Wear clothes that blend in — you don't want to stand out in the crowd
- Don't flash jewelry and other expensive items. Leave them at home.
- Leave your passports and travel documents in a safe or other secure area at your hotel
- Don't hang your purse over the back of your chair
- Keep our wallet in a front pant pocket that's secure, never in a back pocket
- Don't carry around large sums of cash
- Keep a charged cell phone with your at all times
- A free booklet called The Complete Safety Guide for tourists in South Africa is available in hotels and tourist centres
- Call 10177 for an ambulance (free from any landline)
- Call 10111 for the South African Police Service Emergency (free from any landline)

The Canadian Embassy offices:

- Johannesburg Trade Office
  Cradock Place,
  1st floor, 10 Arnold Rd.,
  Rosebank
  011 442 3130
- Cape Town
  19th Floor, SA Reserve Bank Building
  St. George's Mall, Cnr Hout St.
  021 423 5240

HEATHER BUCHAN/ FOR METRO CANADA

Travel like a pro

To help travellers get the most out of their trips this summer, Cheapflights.ca, is kicking off a How To series that provides tips, tricks and guidelines for getting deals, saving money and travelling like a pro. METRO NEWS SERVICES

Volcano tourism exploding

PAUL BALDWIN
Metro World News

It may be the most foolhardy vacation on the planet — waiting for Mother Nature to get angry and spew super-heated rock into the sky before jumping on a plane for a close up view.

But wow, what a view…

The power, beauty, and somewhat humbling fury of an erupting volcano is a rare sight which will stay with anyone lucky enough to witness it for a lifetime.

And there are few people in the world more qualified to help you than Australian scientist and volcano adventurer John Seach.

John has spent the last 22 years watching more than 150 eruptions and now provides both expertise to the world's TV and film crews and runs his own travel company Volcano Live (volcanolive.com)

He specializes in offering would-be explorers both drop-of-a-hat expeditions at the first sign of an eruption and treks to the caldera of known active volcanoes.

"There is currently a lot of interest in volcanoes with the latest eruption in Iceland," he said.

"Volcano enthusiasts come from all backgrounds and ages. The common factor is a sense of wonder for the natural world. Volcanoes are the most impressive of all natural events."

He advised that Volcano tourism is not for the faint-hearted and there are real dangers attached.

"However in 21 years of volcano tours, I have never had an accident."

METRO WORLD NEWS

The Arenal volcano in Costa Rica is over 1,700 m tall.

I paid for a resort in paradise with TD Points (even the scuba lessons).

Now That's First Class.

Use TD Points to pay for any travel.

With my TD First Class® *Visa Infinite** Card, I went from getting a great view of the ocean to getting a great view in the ocean. Not only did my TD Points pay for my suite, but also for activities like scuba lessons.[1] Not to mention the flight (including airport taxes), the car rental and the cruise. Because any travel I can charge to my card can be paid for with my TD Points.

Get 20,000 Bonus Points upon approval.[2]

1-866-657-6643 • www.tdcanadatrust.com/firstclasstravel

TD Canada Trust

Banking can be this comfortable

[1]To redeem TD Points for travel purchases charged to your Card that are not booked through the TD Travel Rewards Centre (the "Centre"), Cardholder must contact the Centre after the travel purchase has been posted to the Account and within 90 days from the transaction date of the travel purchase. The required TD Points will be redeemed from the TD Points balance available on the date TD Points are redeemed for the travel purchase, not the transaction date of the travel purchase. The amount that will be credited toward the travel purchase will be equal to the value of the TD Points redeemed. If there are insufficient TD Points available to cover the entire amount of the travel purchase, the Account will only be credited by the value of the TD Points redeemed. Any amount of the travel purchase not covered by the TD Points redeemed will remain on the Account for payment. [2] Applies to new TD First Class Travel *Visa Infinite* Accounts only. Bonus TD Points will be awarded to the new Account upon approval. Offer may be changed, extended or withdrawn at any time without notice and cannot be combined with any other offer. *Trade-mark of The Toronto-Dominion Bank.

Volcano tourism has been on the boom since Iceland's erupted.

World's most actively erupting volcanos

There are 1,500 live volcanoes in the world and every day 20 of them are erupting.

Some of Metro's regularly erupting favourites include:

Kilauea, Hawaii
Height 1222 metres

One of the world's most active and spectacular volcanoes, constantly erupting since 1983. A large collapse occurred in November 2005. Lava flows destroyed three houses in February 2008. A trip includes viewing the lava flows at the coast, and hiking along the east rift zone to Pu'u O'o crater, the source of the lava flows.

Yasur, Vanuatu
Height 405 m

Yasur has erupted many times per hour for at least 800 years. Yasur has been called the Lighthouse of the Pacific because of the regular eruptions of up to 350m which are visible from sea. A three day trek takes you close to the crater where you will see spectacular lava eruptions.

Arenal, Costa Rica
Height 1720 m

The youngest stratovolcano in Costa Rica and one of its most active, Arenal's crater contains a lava pool.

Lava extrudes in a pulsating pattern and then overflows the crater rim and flows almost continuously down the north to southwest flanks. Pyroclastic flows are a known danger to tourists.

Stromboli, Aeolian Islands, Italy
Height 926 m

Stromboli volcano has one of the world's longest recorded periods of activity. The active craters are located 100-150 m below Pizzo sopra la Fossa. A collapse depression called Sciara del Fuoco is located below the active craters.

PAUL BALDWIN/
METRO WORLD NEWS

Slide tackling Johannesburg's hotel costs

Cheap and cheerful places to rest your head during South Africa's World Cup

HEATHER BUCHAN
for Metro Canada

As World Cup fever mounts, so too are the prices of hotel rooms in Johannesburg, where the opening and closing soccer matches will be held at two new state-of-the-art stadiums — Soccer City and Ellis Park.

As a burgeoning cultural capital, this city of seven million people (known by locals as Jozi or Jo'burg) and South Africa's largest metropolis, has emerged from the dark era of apartheid with a pumping urban African culture.

If you haven't already booked your accommodation, get on it now, as many hotels, B&Bs, and hostels are already booked solid for the World Cup.

Here are a few cheap and cheerful places to stay that still have room around Johannesburg:

METRO WORLD NEWS

The Nelson Mandela bridge stretches across the train station in the heart of Johannesburg.

BOB'S BUNK HOUSE

Located in Gauteng, this hostel is close to the airport and offers two large dormitory-style rooms, two single rooms as well as a double room with an en-suite washroom.

Room rates include a light breakfast. Double room with en-suite: $44 Canadian

bobsbunkhouse.co.za
0027 (0) 11 453 2294.

TOWN LODGE SANDTON GRAYSTON DRIVE

This hotel is just a three-minute drive to Sandton City, the shopping and entertainment hub of Johannesburg. It's also conveniently located close to all the motorways, making it easy to get to-and-from stadiums. Boasting a swimming pool, tea and coffee makers in each room, breakfast and free parking, it's a great price for what you get. Double room: $117 Canadian

citylodge.co.za,
0027 (0) 11 784 8850

SOUTHERN SUN KATHERINE STREET

Situated in the affluent Sandton neighbourhood, this friendly hotel is within walking distance of the Sandton City shopping centre, movie theatres, restaurants and bars. Aside from a swimming pool, it offers a foreign exchange service, complimentary 24-hour parking and an airport shuttle service. You can also enjoy meals and cocktails on a terrace overlooking landscaped gardens. Double room approximately: $48 Canadian

southernsun.com
0027 (0) 11 884 8544.

AIRPORT LODGE GUEST HOUSE

Run by Coos and Phyllis Loots, this intimate bed and breakfast is just a five-minute drive from the airport and offers free airport shuttle service. Should you like to tour the city, the couple will arrange for a car and driver at a nominal rate to take you around. An English breakfast is included in the room rate and complimentary tea and coffee are available 24 hours. If you're driving, there is secure parking available on the premises as well. Double room: $34 Canadian

airportlodge.co.za,
0027 (0) 11 979 2365.

SUNNYSIDE PARK HOTEL

This Victorian-style hotel, dating back to 1895 is a National Monument located in the leafy suburb of Parktown. It boasts a restaurant, terrace bar, pub, outdoor swimming pool, business centre, gym and complimentary shuttle service to and from the Killarny Shopping Mall. Standard room: $189 Canadian

thesunnyside.co.za

FLIGHT CENTRE® Unbeatable

Airfares

Orlando $29*
Travel Jun 6 - Jun 20/ts + taxes & fees $246

Cancun $145*
Travel Jun 11 - Jun 19/wg + taxes & fees $300

Paris $224*
Travel Jun 6 - Jun 15/ts + taxes & fees $373

Los Angeles $264
Travel Jun 8 - Jun 14/ac + taxes & fees $114

New York $279
Travel Jun 16 - Jun 23/ac + taxes & fees $109

London $382
Travel Sep 27 - Oct 4/ts + taxes & fees $395

Costa Rica $559*
Travel Aug 16 - Aug 30/dl + taxes & fees $296

Honolulu $599
Travel Jun 7 - Jun 14/ua + taxes & fees $101

Amsterdam $689
Travel Sep 28 - Oct 6/dl + taxes & fees $399

Frankfurt $789
Travel Sep 20 - Sep 29/dl + taxes & fees $395

Buenos Aires $859*
Travel Aug 16 - Aug 30/dl + taxes & fees $285

Tokyo $898
Travel Sep 20 - Oct 4/ac + taxes & fees $320

Sydney $1049
Travel Jul 28 - Aug 9/dl + taxes & fees $171

Vacations

Punta Cana
7 Nights 4-Star All-inclusive
$233
Bahia Principe San Juan + taxes & fees $346
Departs Jun 7/nol/ts.

Samana 7 Nights 4-Star All-inclusive $353*
Grand Paradise Samana + taxes & fees $322
Departs Jun 20/acv/ac.

Halifax
3 Nights + Whale Watching + City Tour $359
Atlantica Hotel Halifax taxes & fees included
INCLUDES 3 nights accom, whale watching and city tour. Departs Jul 9/ggv.

Miami Air + 7 Nights $599
Deauville Beach Resort + taxes & fees $114
INCLUDES beachfront accom. Departs Jun 30/ggv/dl.

New York Air + 3 Nights + Tour $599
Holiday Inn Manhattan + taxes & fees $109
BONUS Statue of Liberty and Ellis Island Cruise included. Departs Jul 11/ggv/ac.

Myrtle Beach Air + 4 Nights $699
Kingston Plantation + taxes & fees $105
INCLUDES 1-bedroom villa accom with full kitchen and private patio. Departs daily between 9/ggv/us.

Lake Louise & Jasper
2 Nights + Glacier Tour $749‡
Fairmont Banff Springs or Fairmont Chateau Lake Louise taxes & fees included
INCLUDES 1 night at Fairmont Chateau Lake Louise, scenic transfer and Ice Explorer excursion in Jasper and 1 night at Fairmont Jasper Park Lodge. Departs Jul 9/ggv.

Adventure Tours

Save $200^Δ
up to per person
on your Adventure Tour with Flight Centre before June 30, 2010^Δ.

Win your next trip for FREE^◊◊
Purchase your Adventure Tour in the month of June with Flight Centre and get an entry into a draw to win your next Adventure Tour for free^◊◊.

Peru 7-Day Tour was ~~$930~~ now $830
Inca Trail Express taxes & fees included
HIGHLIGHTS Cuzco, Sacred Valley, Ollantaytambo, Inca Trail and Machu Picchu. Departs Jul 5/itp.

Egypt 15-Day Tour was ~~$1079~~ now $879
Roam Egypt taxes & fees included
HIGHLIGHTS Giza Pyramids and Sphinx, Egyptian Museum, Aswan, Felucca sailing trip, Valley of Kings, Mount Sinai, and Red Sea beach break. Departs Aug 18/gap.

India 15-Day Tour was ~~$1280~~ now $1080
Slowly down the Ganges taxes & fees included
HIGHLIGHTS Delhi, River Ganges Boat Trip, Varanasi, Agra, Jaipur, Roopangarh Fort and Pushkar. Departs Sep 5/itp.

gap adventures the great adventure people | INTREPID

Cruise Vacations

Bermuda 5-Night Cruise
$489
Explorer of the Seas + taxes & fees $115
CRUISE roundtrip New York (Bayonne) and visit Bermuda (King's Wharf/overnight). Sails Sep 25/rcl.

Gulf of Alaska 7-Night Cruise $459
Celebrity Millennium + taxes & fees $183
CRUISE from Vancouver to Anchorage (Seward) and visit Hubbard Glacier (cruising), Icy Straight Point, Juneau, Skagway, Ketchikan & cruise the Inside Passage. Sails Jun 25/cel.

Western Caribbean
7-Night Cruise $519^
Carnival Valor + taxes & fees $78^
CRUISE roundtrip Miami and visit Grand Cayman, Roatan, Belize City & Cozumel. Sails Aug 22/cnv.

Mediterranean 7-Night Cruise $819
Celebrity Constellation + taxes & fees $126
CRUISE roundtrip Barcelona and visit Nice (Villefranche), Genoa, Florence/Pisa (Livorno), Rome (Civitavecchia) & Naples. Sails Oct 9/cel.

Trans-Atlantic 7-Night Cruise $1295^
Queen Mary 2 + taxes & fees $21^
CRUISE from New York to London (Southampton) with 6 glorious days at sea. Sails Jul 19/cnd.

Scandinavia & Russia
12-Night Cruise $1359
Jewel of the Seas + taxes & fees $183
CRUISE roundtrip London (Harwich) and visit Copenhagen, Stockholm, Helsinki, St Petersburg (overnight), Tallin & Gothenburg.
Sails Jun 24/rcl.

LOWEST AIRFARE GUARANTEE
We will beat any airfare quote or you fly free!

1 866 827 2214 | TEXT Join our Insider Club for hot deals. Text YOW to 131 600 | flightcentre.ca | Visit us in store.

Conditions apply. Ex: Ottawa. *Ex: Montreal. USA and international air only prices are per person for return travel unless otherwise stated. Domestic air only prices are per person for one-way travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and/or HST and fuel supplements and are approximate and subject to change. ^Price in USD$. ‡Hotel only prices are per person based on double occupancy for total length of stay. ΔRefer to http://www.flightcentre.ca/campaigns/adventure or speak with a Flight Centre Consultant for full details. ◊◊Full contest rules available at www.flightcentre.ca/contest. vat/ts=transat, swg/wg=sunwing, ac/ac=air canada, dl=delta, ua=united, ggv=gogo, na/f=aaltours, us=us airways, ce/=celebrity, rc/=royal caribbean, cnv=carnival, cnd=cunard. † We will beat any written quoted airfare by $1 and give you a $20 voucher for future travel. "Fly Free" offer applies only where all "Lowest Airfare Guarantee" criteria are met but Flight Centre does not beat quoted price. Additional important conditions apply. For full terms and conditions visit www.flightcentre.ca/lowestairfareguarantee-flyfree. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384
TICO

Buy your tickets safely
To prevent problems with your purchase, check FIFA.com when buying tickets to the World Cup in South Africa. Scams and fake tickets are common at events like this, so be extra careful when purchasing from sites that aren't officially regulated. METRO NEWS SERVICES

Lose yourself in Lima's lure

PAUL BALDWIN
Metro World News

Lima was once the glittering hub of the Conquistadores' empire. Today it is often written off as stopover on the way to the Inca's Amazon treasures, but the city is an attraction in its own right.

You should start at the National Museum of Archaeology, Anthropology and History of Peru (museonacional.perucultural.org.pe), in Plaza Bolívar s/n Pueblo Libre.

At Metro Travel we don't normally recommend museums, but this one is a bit special. Absolutely rammed with Inca and pre-Inca treasures, the museum gives a breath-taking insight into the civilizations wiped out by the Spanish. It is a great place to begin or end a visit to Peru.

Tip

- Remain aware at all times and avoid the 'wealthy foreigner look'.

If you've been there before, how about trying some of Lima's whitewater rafting — particularly on the Urubamba River. It's about four hours drive so it's best to chose a two-day package that offers pick-up and return to Lima (from about $50).

And if you're looking to cap off your night — it's all about the food. The country's incredibly diverse geography, history of immigration and thousands of years of indigenous farming means Lima is in the centre of a land that has both superb ingredients and the creative chefs to turn them into unique and delicious dishes.

METRO WORLD NEWS

Overlooked in the past, Lima is no destination to pass up in Peru.

[1]To redeem TD Points for travel purchases charged to your Card that are not booked through the TD Travel Rewards Centre (the "Centre"), Cardholder must contact the Centre after the travel purchase has been posted to the Account and within 90 days from the transaction date of the travel purchase. The required TD Points will be redeemed from the TD Points balance available on the date TD Points are redeemed for the travel purchase, not the transaction date of the travel purchase. The amount that will be credited toward the travel purchase will be equal to the value of the TD Points redeemed. If there are insufficient TD Points available to cover the entire amount of the travel purchase, the Account will only be credited by the value of the TD Points redeemed. Any amount of the travel purchase not covered by the TD Points redeemed will remain on the Account for payment. [2] Applies to new TD First Class Travel *Visa Infinite* Accounts only. Bonus TD Points will be awarded to the new Account upon approval. Offer may be changed, extended or withdrawn at any time without notice and cannot be combined with any other offer. *Trade-mark of The Toronto-Dominion Bank.

Head to Pueblo Libre and enjoy the 17th-century colonial buildings.

Insider tips for travelling in Lima

Metro brings you the best food and insider tips for your trip to Lima.

Best Supper Spots

Astrid y Gaston (astridygaston.com) serves French-influenced Peruvian food. Try the duck over lucuma (a subtropical fruit, very popular as an ice cream flavouring).

At La Hamaca (+511 242 7978), not only are the dishes splendid (try the spicy chicken soup), but the house, which looks like a cinematically art-directed Mexican hacienda, is exuberant.

Best Insider Tip

For a truly authentic experience of old sophisticated Lima, head to the Taberna el Queirolo (+511 460 0441) in the neighbourhood of Pueblo Libre.

Enjoy a traditional pisco in an elegant 17th-century colonial building only yards from the Anthropological Museum.

Best Read

James Higgins's Lima, a Cultural and Literary History, is the finest book on Lima in English.

Mario Testino is rarely associated with his home city, but in Lima, the fashion photographer has photos of over 100 Peruvian artists, giving a unique insight to the city and the people.

METRO NEWS SERVICES

Book something for Dad

Just in time for Father's Day, the Sheraton Nassau Beach Resort is making it easy to celebrate dad, while giving the whole family a fun-filled Caribbean getaway. Bookable through July 30 for travel through August 19, 2010 package prices starting at $198 per room per night sheratonnassau.com. METRO NEWS SERVICES

Bringing your clubs

- If you're travelling and want to bring your golf clubs with you most airlines will offer you an oversized baggage option.
- While some airlines don't charge for oversized baggage, on most you can expect a surcharge between $75 and $100.
- Keep in mind that price is one way and it might be cheaper to just rent some clubs when you arrive instead of bringing yours.

METRO WORLD NEWS

Golf tourism is one of the hottest travel trends right now.

Duffers beware on these greens

Destinations boom for golfers

PAUL BALDWIN
Metro World News

Golf tourism is booming and with good reason. What could be finer than playing the game you love against a breathtaking back drop?

"Golf" wrote Mark Twain "is a good walk spoiled." But behind this disparaging notion remains the basic truth that golf courses tend to be set in idyllic parts of the world. And this of course, irrespective of whether or not you swing a club, makes for perfect vacation locations. No surprise then that golf tourism is one of the biggest growth areas in travel. We've scoured the globe to find our favourite five.

Celtic Manor Resort Usk Valley, South Wales

In October the golfing elite of Europe and America will descend on this beautiful corner of Wales for the Ryder Cup. The course was purpose-built for a previous Ryder Cup and is both suitably challenging and suitably glamorous. 1,400 acres of panoramic parkland, two hotels — a 330-room luxury Resort Hotel and the historic 19th century Manor House, spas, health clubs, sports and fishing facilities and five outstanding restaurants.

Cost: From $99 per night.
celtic-manor.com

Vale de Lobo Portugal

Two challenging courses, Royal and Ocean, are set against the Algarve's crystal blue sea. Players will appreciate the dramatic cliff edge fairways while non-golfers will love the gorgeous beaches. Add in loads of other leisure facilities and top international cuisine and you may well have the perfect golf family holiday.

Cost: Green fees $155
valedolobo.com

Cape Kidnappers Hawle's Bay New Zealand

Super dramatic location on a former 5,000-acre sheep station and one hellishly testing course. The cliffs are so high that a badly struck ball will take a full 10 seconds to hit the water. Fearsome ravines, contoured fairways and fast, tilted greens all make for a breath-taking round.

Cost: Suites from $400 per person, per night.
capekidnappers.com

Leopard Creek South Africa

The water hazards here include baboons, crocodiles, giraffes and warthogs that come to drink in the streams of Leopard Creek, on the edge of the Kruger National Park. Perfect for in between World Cup games.

Cost: Packages booked through ascottours.co.za

Green Monkey Barbados

The ninth plunges through walls of rock 100ft into a quarry. The 16th is a grassy island carved in the shape of a green monkey. Oh, and it's in the Barbados.

Cost: Rooms at Sandy Lane resort from $755 per night.
greenmonkeygolf course.com

FREE Disney Dining? Have we gone mad?!

Well, maybe. Because now you can get a FREE dining plan option when you purchase one of the following **5-night/6-day** non-discounted *Walt Disney Travel Company* vacation packages that includes accommodations and Theme Park tickets:

FREE Disney Dining Plan†
US$1,843*
for a family of four in a standard room at a select **Disney Moderate Resort**.

For stays most nights 8/15/10–10/2/10.

That's a US$689 savings!
Ask for package code **NF5.**

FREE Quick-Service Dining Plan
US$1,440*
for a family of four in a standard room at a select **Disney Value Resort.**

For stays most nights 8/15/10–10/2/10.

That's a US$529 savings!
Ask for package code **MF6.**

Visit disneyworld.ca/dine or call 407-WDW-STAR
or your Travel Agent to book through 8/14/10.
Book today—rooms can fill up fast!

Walt Disney World Resort IN FLORIDA

*Price based on 2 adults, 1 junior and 1 child. The number of packages available at these rates is limited. Savings based on the non-discounted price for the same package. One Park per day. Tickets must be used within 14 days of first use. No group rates or other discounts apply.
†Excludes gratuities and alcohol. Children ages 3–9 must order from the children's menu if available. Some Table-service restaurants may have limited or no availability at time of package purchase.

RST-09-13710 *Walt Disney Travel Company* CST# 1022229-50 © Disney

Fairmont slashing rates in Vancouver

From now until August 31st, The Fairmont Vancouver Airport extends an invitation to be a guest on Fairmont Gold — every Friday, Saturday, Sunday and Monday. With rates starting from $259 per night, representing a savings of 50 per cent off published rates. METRO NEWS SERVICES

Nothing bleak about Baikal

PAUL BALDWIN
Metro World News

Siberia might have a reputation for being bleak but there is nothing bland about Lake Baikal in Russia.

Metro breaks down the things to see and do there.

SEE
The Olkhon Island

It is the most picturesque corner of Baikal. The most impressive views are from the Burhan, Hoboy and Sagan-Hushun capes but the lake is breathtakingly beautiful from every angle.

HEAR
Music

Turn off your iPod. Listen to the music of the waves and the wind on the needles of the Siberian pines. Take the sounds of nature to your soul and you will soon sense that it is even cooler than the last album by your favorite band.

EAT
Fish from Baikal

Locals recommend Arctic cisco or grayling in all its forms: bloated, salted, dried. Also try traditional Buryatian cuisine like pozy, something like a big meat dumpling.

DRINK
Water from the lake

Baikal is one of the clearest lakes in the world, so don't miss your chance to taste it.

DO
Outdoor activities

Tourist activities include swimming, fishing, photography and of course walking. You can also rent a boat and take a trip along the coast. And Baikal is the perfect place for meditation.

DON'T
Use bad language

Never use bad language near Baikal. Baikal is a sacred place so curses are absolutely banned here.

METRO WORLD NEWS

Lake Baikal, Russia is as picturesque as it is clean — embrace both.

[1]To redeem TD Points for travel purchases charged to your Card that are not booked through the TD Travel Rewards Centre (the "Centre"), Cardholder must contact the Centre after the travel purchase has been posted to the Account and within 90 days from the transaction date of the travel purchase. The required TD Points will be redeemed from the TD Points balance available on the date TD Points are redeemed for the travel purchase, not the transaction date of the travel purchase. The amount that will be credited toward the travel purchase will be equal to the value of the TD Points redeemed. If there are insufficient TD Points available to cover the entire amount of the travel purchase, the Account will only be credited by the value of the TD Points redeemed. Any amount of the travel purchase not covered by the TD Points redeemed will remain on the Account for payment. [2] Applies to new TD First Class Travel *Visa Infinite* Accounts only. Bonus TD Points will be awarded to the new Account upon approval. Offer may be changed, extended or withdrawn at any time without notice and cannot be combined with any other offer. *Trade-mark of The Toronto-Dominion Bank.

METRO WORLD NEWS

Downtown Lille comes alive with activity at night.

Lille's fantastic style far from uptight France

PAUL BALDWIN
Metro World News

This buoyant little city on the France Belgian border has a cheeky mix of charm, self-confidence, and downright prettiness that makes it hard to beat for a weekend break

WHERE TO WAKE UP
Hotel Kanai

This fantastic little boutique hotel right in the middle of the city is buzzing when you want it to be (Saturday night) absolutely silent when you don't (Sunday morning).

SPEND THE MORNING
Grand Place

This fabulous square is the beating heart of Lille and absolutely the place to start your exploration of the city. But first grab a coffee or a beer at one of the many café bars and just sit back and enjoy the beautiful Flemish architecture on all sides.

WHERE TO LUNCH
Meert

This little pastry shop has been serving up pastries to royals and peasants alike since 1761. It's not cheap ($4 for a cup of tea) so prepare for sharp intake of breath but it's classy and their speciality waffles filled with Madagascar vanilla are not to be missed.

SPEND THE NIGHT
Barhopping

The Art nouveau Le Carnot at 7 boulevard Carnot and Le Bateau Ivre at 41 rue Lepelletier are among the great pubs on the tourist trail, but you'll have just as much fun popping into the little bar tabacs and chatting with locals. Lille, unlike the rest of France, is very much a beer city.

Fiesta scores high on fuel economy
Ford's all-new 2011 Fiesta will now stand out on the highway with an Environmental Protection Agency (EPA) certified 4.9L/100km rating, making it the most fuel efficient car in its class. METRO NEWS SERVICES

Metro Drive

Ride with champions

Hyundai and Kia are gearing up to deliver hundreds of vehicles for ground transportation during the soccer World Cup in South Africa. The FIFA tournament kicks off June 11. METRO NEWS SERVICES

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

Magentis a charmer

The 2010 Kia Magentis is a comfortable and roomy, mid-size family sedan.

LORNE DRURY
for Metro Canada

If you've never heard of the Kia Magentis, you're not alone. Despite the success Kia has enjoyed here in recent years, the Magentis may be one of the most obscure cars in the Canadian market.

I recently spent a week with the 2010 Magentis, a loaded SX-V6 model, which lists for $30,795, and came away with the feeling that the biggest problem with the car is that it just doesn't get noticed.

It blends in with the crowd so much that it gets lost in the shuffle not a good thing in a mid-size segment with so many excellent automobiles like Toyota Camry, Honda Accord, Chevy Malibu, Ford Fusion and, of course, the popular Sonata.

The four-door, five-passenger Magentis starts life in LX trim with a five-speed manual transmission and a 175 hp 2.4-litre inline four-cylinder engine. Priced at $21,995, it features six airbags, four wheel disc brakes with ABS, electronic stability control, cruise control, an audio system with AM/FM/CD/MP3 and six-speakers and steering wheel controls, keyless entry, manual air conditioning, heated front seats, windshield wiper de-icer and 16-inch wheels. All in all, it's a pretty impressive entry-level package. A five-speed automatic transmission adds $1,200 to the price.

My tester was nicely outfitted inside with leather seats, aluminum accents and more use of chrome than in the LX. It was spacious and comfortable, but with a bit too much of a plastic look for a $30K-plus car.

This is more of a driver's car than the other trim lines as it has a sport-tuned suspension and steering wheel-mounted paddle shifters. I'm not sure how often drivers would use these paddle shifters, but it's a nice touch nevertheless.

The interior appears very spacious with generous rear seat legroom, certainly on par with others in the segment. Trunk room is generous and the 60/40 split rear seats can also be folded down to add to the cargo capacity.

The cabin is quiet and comfortable at speed and although this trim level was equipped with the sport suspension, the ride tends toward the comfort side of the ledger, handling bumps and potholes without too much jarring.

2010 Kia Magentis

Type: Four-door mid-size sedan.
Price: $21,995 to $30,795
Engine: 2.4-litre 16-valve DOHC inline four-cylinder engine; 2.7-litre 24-valve DOHC V6
Fuel Economy: 2.4L engine 9.4L/100 km city, 6.2L/100 km highway; 2.7L engine 10.5L/100 km city, 7.0L/100 km highway.

Highlights

- Quiet, comfortable ride
- Spacious interior

Subaru Canada is offering two new Forester models.

Forester's outdoor packages add to summer fun

NEW MODELS Subaru Canada is offering two new Forester models, just in time for summer fun. Each is designed to enhance the compact SUV. The Outdoor Package enhances Forester's go-anywhere utility, and the Sport-tech adds a range of advanced features for even more fun-to-drive performance.

Outdoor aficionados can choose between the Forester 2.5X Outdoor Package ($25,995 with manual transmission) and the Forester PZEV Outdoor Package ($28,095). For driving enthusiasts, Subaru also offers the new 2.5X Sport-tech (MSRP $28, 695 with manual transmission) with its added technology and performance features.

"Every Forester is both an exciting driver's car and a hard-working SUV; these new models simply allow owners to focus a little more directly on their own needs and preferences," said Katsuhiro Yokoyama, president of Subaru Canada.

The Outdoor Packages include: Aerodynamic cross-bars; trailer hitch; cargo tray and protective mat; retractable cargo cover and rear bumper step pad.

The new Sport-tech starts with the Forester Touring package and adds: 17-inch Forester XT type wheels; Pioneer AVIC in dash navigation/audio system with detachable touch screen.

METRO NEWS SERVICES

RBC®

Lower your car insurance rates.
Not your protection.

To get a quote, call **1-877-Royal-79**, visit an **RBC Insurance branch** or go online at **rbcinsurance.com/car**

RBC Insurance®

Insurance advice for your life™

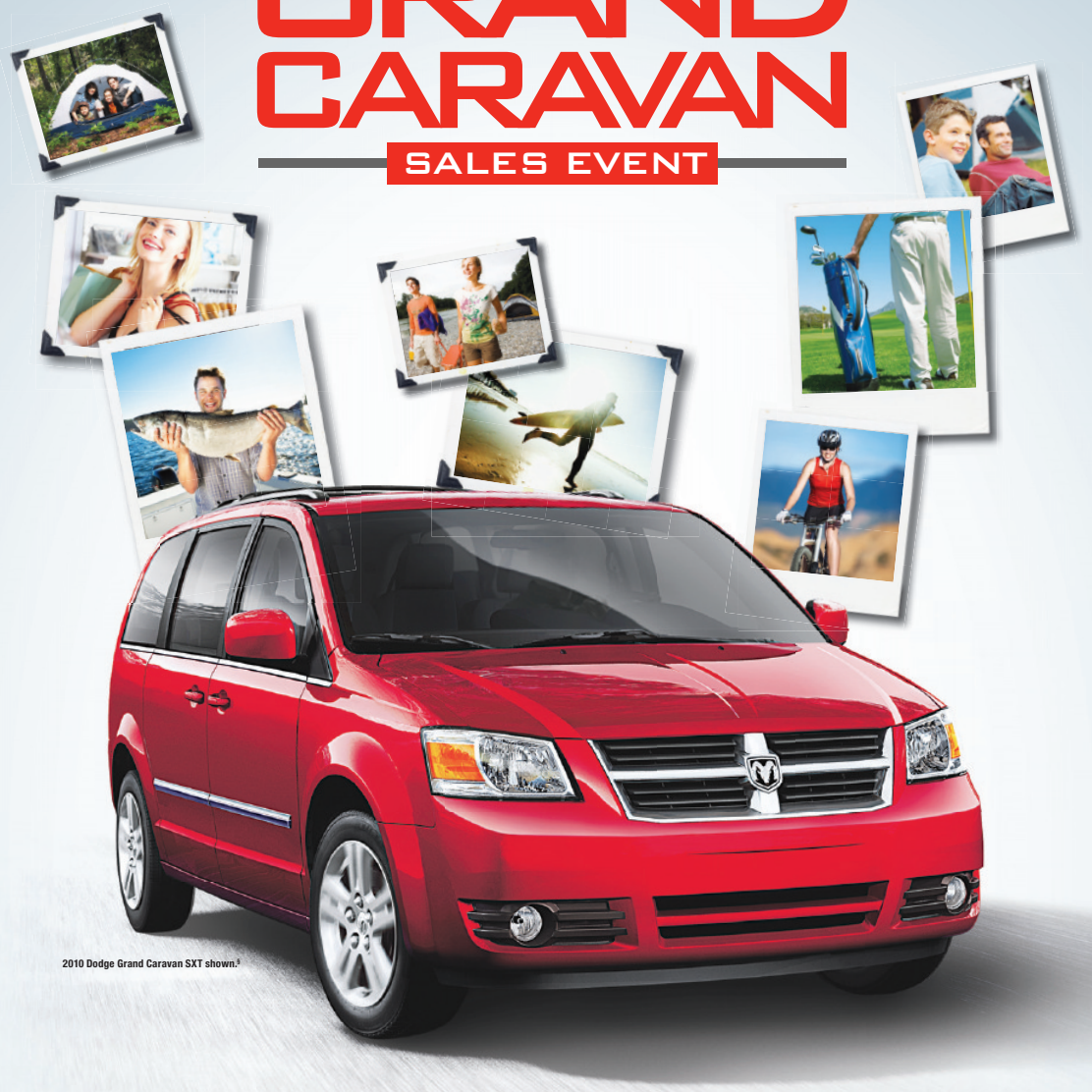
| HOME | AUTO | LIFE | HEALTH | TRAVEL | BUSINESS | RETIREMENT |

Underwritten by RBC General Insurance Company or RBC Insurance Company of Canada. ® Registered trademarks of Royal Bank of Canada. ™Trademarks of Royal Bank of Canada. Used under licence. Home and Auto insurance products are only available to residents of Canada. As a result of government-run auto insurance plans, RBC Insurance does not provide auto insurance in Manitoba, Saskatchewan, and British Columbia.

THE NATIONAL

GRAND CARAVAN

SALES EVENT



2010 Dodge Grand Caravan SXT shown.‡

BECAUSE YOU NEED A VEHICLE THAT DOES BUSY LIKE YOU DO.

STILL A LIMITED NUMBER OF SAVE THE FREIGHT MODELS LEFT ($1,400 VALUE).❖

2010 DODGE GRAND CARAVAN CANADA VALUE PACKAGE

PURCHASE FOR

$19,999•

INCLUDES $8,000 CONSUMER CASH,* FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER RETAILER CHARGES MAY APPLY.+

WITH DISCOUNTS OF

$8,000*

HWY: 8.4L/100 KM (34 MPG)¤
CITY: 12.6L/100 KM (22 MPG)¤

CONSUMERS DIGEST BEST BUY

5 STAR SAFETY
★★★★★
NHTSA 5 Star
Frontal and Side Impact‡

+Your local retailer may charge additional fees for administration/pre-delivery that can range from $0 to $1,098 and anti-theft/safety products that can range from $0 to $1,298. Charges may vary by retailer.

CHRYSLER Jeep® DODGE RAM

VISIT YOUR NEIGHBOURHOOD CHRYSLER, JEEP®, DODGE, RAM RETAILER.

Dodge.ca/offers

DODGE CARAVAN KIDS

SIRIUS SATELLITE RADIO

Wise customers read the fine print: ❖, •, *, §The National Grand Caravan Sales Event offers apply to retail deliveries of selected new and unused Dodge Grand Caravan models purchased between June 1 and June 30, 2010 from participating retailers. Retailer order/trade may be necessary. Offers subject to change without notice. See participating retailer for complete details and conditions. ❖Save the Freight model discount offer applies to up to 1,000 2010 Grand Caravan SE Plus and SXT models offered through Ontario Dealers. Chrysler Canada will waive the $1,400 freight charge. While supplies last. See dealers for details. •$19,999 Purchase Price applies to 2010 Dodge Grand Caravan Canada Value Package (24F) only and includes $8,000 Consumer Cash Discount Offer. See participating retailer for complete details. Pricing includes freight ($1,400), air tax, tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailers may sell for less. *Consumer Cash Discounts are offered on most new 2009/2010 vehicles and are manufacturer-to-retailer incentives, which are deducted from the negotiated price before taxes. Amounts vary by vehicle. See your retailer for complete details. §2010 Dodge Grand Caravan SXT shown. Price including applicable Consumer Cash Discount: $32,795. Pricing includes freight ($1,400), air tax, tire levy and OMVIC fees. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailers may sell for less. ¤Based on 2010 EnerGuide Fuel Consumption Guide ratings published by Natural Resources Canada. Transport Canada test methods used. Your actual fuel consumption may vary. ‡Based on U.S. National Highway Traffic Safety Administration (NHTSA) scoring system for 2010 model year Dodge Grand Caravan. ®SIRIUS and the dog logo are registered trademarks of SIRIUS Satellite Radio Inc. ®Jeep is a registered trademark of Chrysler Group LLC. The Best Buy Seal is a registered trademark of Consumers Digest Communications LLC, used under license.

Autotrader.ca launches app

Autotrader.ca has launched a new iPhone App, giving Canadian consumers access to one of the largest online automotive inventories of used. In its first four days on the app store, the app became one of the top 10 free lifestyle apps in Canada. CANADIANDRIVER.COM

Cavalier/Sunfire cheap to run, repair

JUSTIN PRITCHARD
for Metro Canada

Chevy Cavalier (pictured), along with Pontiac Sunfire, are popular options where price and value are concerned.

Second Gear

MODEL: 1995 to 2005 Pontiac Sunfire / Chevrolet Cavalier
VEHICLE TYPE: Sedan / Coupe
APPROXIMATE PRICE RANGE: $1,500 to $5,000

HISTORY/DESCRIPTION: The Cavalier and Sunfire were two mechanically-identical GM small sedan or coupe models sold under the Chevrolet and Pontiac brands, respectively. Sharing the J-Body platform, these twins were eventually replaced by the Chevrolet Cobalt and Pontiac G5 Pursuit.

The Cavalier and Sunfire weren't out to set any records for refinement or performance, but they're a popular choice where price and value are concerned.

Coupe, convertible or sedan models were available with four-cylinder power and automatic or manual transmissions. With relatively plentiful selection, finding an ideal used candidate in your price range should be fairly easy.

Older machines got a low-tech 2.2 litre unit with 115 or 120 horsepower, depending on the year. This engine wasn't fancy or fast, but it was decent on fuel, simple, reliable, and cheap to repair.

Optional was a 2.4 litre four-cylinder engine with dual overhead cams. It was employed in the sportier Cavalier Z24 and Sunfire GT models, and created 155 horsepower. Some owners argue that this is the "least" reliable engine in the model range, though it is the most powerful.

Later in life, the Cavalier and Sunfire got a new 2.2 litre, 140 horsepower ECOTEC unit that replaced both earlier engines from 2002 and onwards.

WHAT OWNERS LIKE: Owners typically selected the Cavalier and Sunfire Coupe models for their sportiness and styling, with the sedan variants typically chosen for their overall sensibility.

According to many owners, the Sunfire and Cavalier were also refined and comfortable relative to their price.

WHAT OWNERS HATE: Common complaints tend to deal with unwelcomed sounds — including squeaks and rattles, road noise and squealing brakes. Some owners wish for more power from the older 2.2 litre engine, too.

COMMON ISSUES: Start your test-drive by inspecting all interior electronics for proper operation– including power windows, the sunroof and the climate control fan speed selector. The latter should work on all speed settings, not just "high." If that's not the case, a new blower-motor resistor is likely needed.

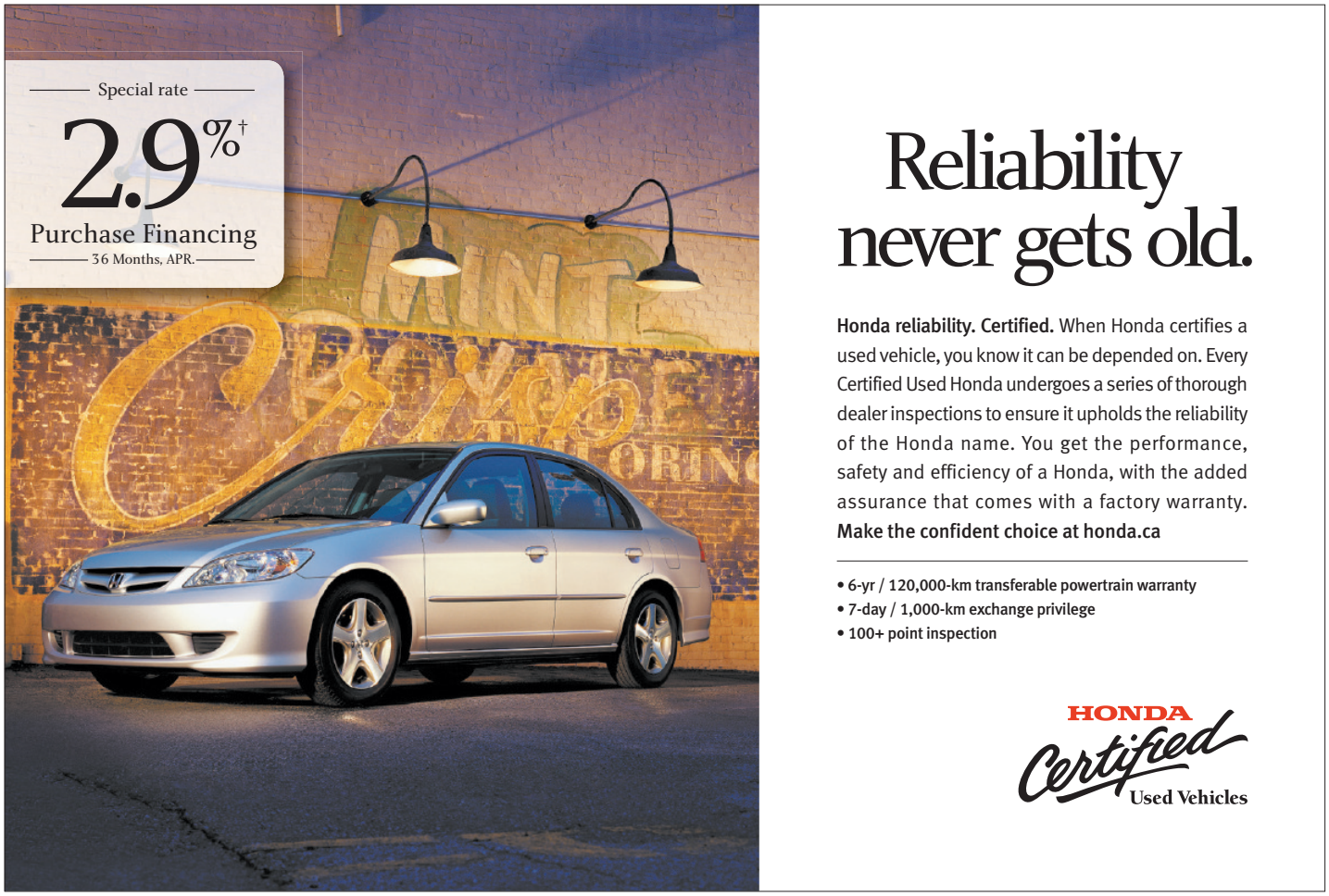
Does the car sound like it's got a trunk full of junk when driven over bumps? If so, worn out strut mounts are probably to blame.

Similar sound effects from the front end indicate that mechanical attention is needed, too.

Avoid a model with extensive body or powertrain modifications, and be sure to inspect the car fully for rust — including beneath the vehicle and under the carpeting in the trunk and footwells.

Finally, check the condition and level of all fluids, budgeting for a full fluid change and tune-up if you're unsure of the vehicle's service history.

THE VERDICT: As with any used car, maintenance is key. If you find a deal on a J-Body that's been well taken care of, you'll likely find it a low-cost and decently reliable ride. Just stay on top of the prescribed regular maintenance to keep it that way.



†Limited time financing offer on all Honda Certifed Used Civics available through Honda Financial Services, on approved credit. Offer only available up to 36 months on Honda Certified Used Honda Civics (2005–2009 model years). Finance example based on 2005 model: $10,000 at 2.9% per annum equals $290.37 per month for 36 months. Cost of borrowing is $453.42 for a total obligation of $10,453.42. Taxes, license, insurance, registration and fees are not included. See your Honda dealer for full details. Dealer may sell for less. Offer expires June 30, 2010.

Johansson and Reynolds eye Louisiana home
Actress Scarlett Johansson and her Canadian-born husband, actor Ryan Reynolds, have reportedly bought a "modest" two-storey home in Louisiana, femalefirst.co.uk reports. METRO NEWS SERVICES

Entertainment

Bret Idol
A recent TVGuide.com poll shows 68 per cent of voters on the website want Poison rocker Bret Michaels to replace Simon Cowell on American Idol.
METRO NEWS SERVICES

EDITOR: DEAN.LISK@METRONEWS.CA

A rock star and a hard place

Get Him to the Greek shines light on rock star excess

KAREN BLISS
for Metro Canada

Just how far-fetched is Get Him to the Greek, the new movie by Forgetting Sarah Marshall director Nicholas Stoller, which reprises Russell Brand's rock star character from that film?

In the comedy, which opens this Friday, record company exec Sergio Roma (Sean "P. Diddy" Combs) entrusts intern Aaron Green (Jonah Hill) with the task of getting England's Aldous Snow (Brand) to his 10-year anniversary concert at the Los Angeles Greek Theatre.

Get Him To The Greek opens Friday

"He is rock music personified," Green notes, and the craziness ensues from your basic all-night party antics to the ol' drug balloon up the bum trick to clear airport security (a.k.a. "candy in the jar," as Roma puts it).

Many people might think the script is over the top, but ask anyone in the music business and they'll have at least one similar story. Toronto's R.J. Guha recalls promoting a concert in the mid-'90s by Lee Scratch Perry when the Jamaican reggae/dub legend refused to perform.

"He said, 'The hotel's haunted. I'm not staying here and I'm not playing," recalls Guha. "Then he decided to play and even then he was late, showed up and blew his whistle all night."

Record producer David Bendeth (Breaking Benjamin, Papa Roach, Hedley), a British-born Canadian now running his own studio in New Jersey, says "stuff happens" between 2 a.m. and 6 a.m. — "that's when artists get into trouble." Knowing this, he doesn't schedule any recording sessions before noon, and still they "never" start on time. "Then we have the maid open the room and we find 33 beers on the floor. That's happened like 20 times."

Jonah Hill and Russell Brand star in Get Him to the Greek.

Cam Carpenter, who has done marketing, artist relations, publicity, marketing and A&R for the majors, recalls a misunderstanding with an English rock star when he didn't go backstage after a show. He had seen him earlier, but was later spotted hanging out with the opener. After the irate singer wailed on the label president, Carpenter had to rush to Ottawa to straighten things out.

"I called a limo to take me home to grab a change of clothes, went to Cherry Beach to catch an Air Canada helicopter to get to Pearson, flew to Ottawa, caught a limo to the venue and made it to soundcheck on time, only to find out he refused to see me," Carpenter says, sounding like this could be a follow-up to Get Him to the Greek.

"I caught a drive to Montreal the next day, was turned down at soundcheck again and then one hour after the sold-out show was taken in to the dressing room for our one-on-one. He seemed happy to see me, we had a pint and whatever was bothering him seemed to be forgotten."

Chances are when Roma tells Green in the movie, "Your job is to control the artist. If he's too messed up, hit him with this adrenalin needle," that no other record exec has gone to that extreme. But there might be someone out there with a story like that.

"Then we have the maid open the room and we find 33 beers on the floor. That's happened like 20 times."
David Bendeth

HAVE YOU BEEN THINKING OF MODELING OR ACTING BUT ASSUMED THE COST WAS OUT OF REACH?

RDI MODEL & TALENT MAKES IT AFFORDABLE AND SIMPLE WITH A BILLING PLAN TO FIT YOUR BUDGET*

CALL 613-824-8111 NOW TO LEARN MORE

*OAC

"Dreams and laughs. **Heroes** has both in abundance."

The Boston Globe

That's **their** viewpoint. What's yours?

Heroes by Gérald Sibleyras
Translated by Tom Stoppard
Directed by Lise Ann Johnson
June 8, 2010 - June 27, 2010

Media partner: metro

GCTC
Great Canadian Theatre Company
YOUR CITY. YOUR THEATRE.
613 236-5196 | www.gctc.ca

Separation temporary

While Heidi Montag's separation from Spencer Pratt has been confirmed by her rep, friends of the MTV reality star insist it's only temporary. "There are no plans for divorce," the friend tells Us Weekly. METRO WORLD NEWS

Celebrity Buzz

Follow these celebrities on Twitter...

CelebTweets

LADY GAGA is drowning her sorrows, **JUSTIN BIEBER** comes out strongly against flight delays, **MC HAMMER** is doing traffic updates, and **COURTNEY LOVE** wants Lindsay Lohan to set the record straight.

@ladygaga In a Pub in England, ruining bar napkins with lyrics and memories. Dreams are never weak like we are, drunk or sober.
@justinbieber flight delays = not sweet.
@MCHammer Leaving Vegas .... Major accident on 15s in Jean, NV...
@SCourtneyLoveUK @lindsaylohan i heard something you were saying that is patently untrue and we all know it and i do NOT want to have to tell him, just stop.

METRO NEWS SERVICES

McGee joins Madison

PROMOTING ADULTERY TO HELP SUPPORT YOUR CHILDREN, WHAT'S WRONG WITH THIS PICTURE?! Jesse James' infamous former lover, Michelle "Bombshell" McGee, has signed a deal to star in TV ads for the pro-adultery dating site AshleyMadison.com.

In an interview with CTV's eTalk program McGee says she did so to ensure her two kids have a roof over their heads and food on the table.

The Montreal native had an 11-month affair with James — actress Sandra Bullock's soon-to-be ex-husband — and the media frenzy surrounding their relationship escalated after pictures of McGee and James emerged on the Internet in Nazi costumes.

But McGee says in the interview that she doesn't believe posing in a Nazi costume indicates any conscious display of racism or prejudice against Jews on her part.

As for Bullock, McGee says the Oscar-winning actress owes her a debt of gratitude for exposing James and letting her know he cheated on her.

The first part of the interview aired Monday and concludes Tuesday.

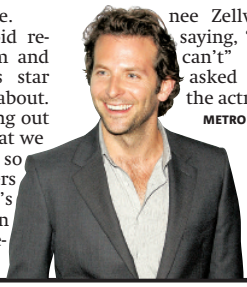
THE CANADIAN PRESS

Cooper squashes Aniston rumours

NO HOLLYWOOD MATCH BETWEEN THESE TWO Bradley Cooper is finally setting the record straight on his rumored relationship with Jennifer Aniston last year. "I'm reading about me taking Jennifer Aniston to my Bel Air mansion and having a candlelit dinner, and I was like, 'That's crazy. Never happened,'" Cooper tells Details magazine.

He says the tabloid reports even gave him and the former Friends star something to joke about. "'Hey, we should hang out — the other dates that we never had went so well,'" he remembers saying to her. But he's not willing to dish on current girlfriend Renee Zellweger, saying, "I just can't" when asked about the actress.

METRO WORLD NEWS

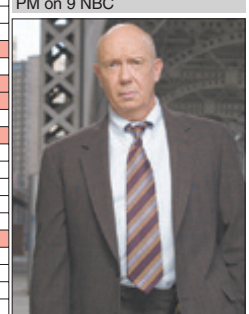


6/2/10	Vu	SC	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime	265	353	2	TVO	Tiger Island	Tiger Island	The Agenda With Steve Paikin		London Hospital		Human Edge		Agenda-Paikin
	211	331	3	GTV	Entertainment	ET Canada	Wipeout (HDTV) Couples tackle the obstacle course. (N)				To Be Announced		News Hour
	-	-	5	SRC	Squelettes	L'Épicerie (N)	La Petite Séduction (N) (SC)		Bons baisers de France (SC)		Le Téléjournal Nouvelles. (SC)		La Zone (SC)
	209	342	6	CHRO	Canada's Worst Driver		Old Christine	The Middle	Cold Case "Libertyville"		(10:01) Happy Town		Comedy Now
	196	311	7	CTV	etalk	Access H.	So You Think You Can Dance Auditions continue. (N)				CSI: NY (HDTV)		CTV News
	208	303	8	CBC	22 Minutes	Laughs	NHL Hockey Stanley Cup Final, Game 3 -- Chicago Blackhawks at Philadelphia Flyers.						National
	-	360	9	NBC	Wheel Fortune	Jeopardy! (N)	Losing It With Jillian		America's Got Talent (N)		Law & Order: SVU		News
	117	713	10	TVA	Poule-oeufs or	Les Gags (SC)	Les Anges de la rénovation		Dieu Merci		TVA nouvelles	Sucré-salé	*Idole Acapulco*
	-	-	11	QS	Wipeout (SC)	Rire et délire	Merlin (SC)		Lie		Criss Angel	UFC: Les Guerriers	
	137	763	12	TFO	Panorama		Paradis perdus		*Suzhou* ★★★ (2000, Drame) Zhou Xun.			Villages	Pour un soir
	-	362	13	CBS	The Insider (N)	Judge Brown	TBA	TBA	Criminal Minds (HDTV)		CSI: NY (HDTV)		Two/Half Men
	216	395	14	OMN2	Family Guy	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	King	Cold Case
	214	344	15	CITY	Law & Order: SVU		Mercy "We're All Adults"		America's Got Talent (N)		Modern Family	Cougar Town	News
	115	343	16	CFMT	Two/Half Men	The Office	Omni News: Italian Edition (N)		Vivere V	Omni News:	Law & Order: Criminal Intent		Metropia
	218	345	18	CHCH	Unscripted Life Documentaries.			*Twelve Monkeys* ★★★ (1996, Documentary)					News at 11 (N)
	-	361	20	ABC	Action News	Entertainment	The Middle	The Middle	Modern Family	Cougar Town	(10:01) Happy Town		News
	512	396	24	CPAC	La Période de questions		Heure polit.	L'Heure politique				Revue	Période-quest.
	651	355	25	CTS	Little House on the Prairie		Dr. Quinn, Medicine Woman		100 Huntley Street		Life Today	This Is Day	John Hagee
	-	365	36	FOX	TMZ (N)	Seinfeld	So You Think You Can Dance Auditions continue. (N)				FOX 2 News (N)		News
	-	-	64	PBS	Business Rpt.	Steves Europe	Most Honorable Son		Cities of Light: The Rise and Fall of Islamic Spain				Charlie Rose
	205	312	104	CTV	etalk	Access H.	So You Think You Can Dance Auditions continue. (N)				CSI: NY (HDTV)		CTV News
news	502	390	26	NW	The Lang & O'Leary Exchange		Connect with Mark Kelley (N)		CBC News: The National		CBC News: The National		National
	500	500	33	CNN	John King, USA (N)		Campbell Brown (N)		Larry King Live (N)		Anderson Cooper 360 (HDTV) (N)		
sports	406	417	27	net	Replay		Soccer				Sportsnet Connected		Prime Time
	126	730	28	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI économie	Le National	Le Téléjournal
	400	280	30	TSN	That's Hockey! Playoff Edition		Boxing Ruslan Chagaev vs. Kali Meehan. (HDTV)				SportsCentre (HDTV) (Live)		
	410	403	52	SCR	Bet Night Live				Fight Camp 360		Score Now		Score Now
family	411	457	56	OLN	Ghost Hunters Academy		Destination Truth		Operate-Repo	Operate-Repo	UFO Hunters "USOs"		Destin. Truth
	417	406	59	SC	NASCAR Smart	NASCAR Hub	Pass Time	Pass Time	Pinks -- All Out (HDTV)		Wrecked	Wrecked	Pass Time
	554	544	48	TEL	Johnny Test	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad	Futurama	Robot Chicken
	557	540	51	FAM	Sonny-Chance	Suite Life	Overruled!	Han. Montana	Wizards-Place	Latest Buzz	Ned's School	Aaron Stone	That's-Raven
	551	542	65	YTV	That's-Weird	Family Biz	Malcolm-Mid.	Hates Chris	8 Simple Rules	Survive This	To Be Indie	Family Biz	Prank Patrol
cable variety	570	580	29	MM	The Daily Fix		Ranked!		mmtop10.ca		Family Jewels	Family Jewels	The O.C.
	615	520	31	A&E	Dog the Bounty Hunter		Dog the Bounty Hunter		Dog the Bounty Hunter		Exterminator	Exterminator	Exterminator
	628	584	32	SPKE	CSI: Crime Scene Invstgtn.		UFC Unleashed (HDTV)		UFC Unleashed (HDTV)		The Ultimate Fighter (N)		Unleashed
	521	560	34	TLC	Toddlers & Tiaras		Toddlers & Tiaras		Toddlers & Tiaras		Toddlers & Tiaras (N)		Toddler-Tiara
	145	761	35	TV5	Femmes-luttent-crime		*Le Prof* (2000, Comédie) Jean-Hugues Anglade, Yvan Attal.				J'y suis, j'y	À Table	TV5 Le Journal
	616	521	39	SHO	Tom Stone (Part 1 of 6)		*Every Second Counts* (2008, Drama) Stephen Collins.				Diary-Call Girl	Pure Pwnage	Law-Order
	620	523	40	BVO	From the Spirit	Bravo!Videos	Arts & Minds	O'Reagan Files	Wingfield	Star Portraits	White Collar		Law & Order
	520	505	42	DIS	Daily Planet (N)		Mighty Ships (N)		Deadliest Catch		Mayday "Ripped Apart"		Daily Planet
	575	583	43	CMT	Amer. Funniest Home Videos		Reba	Reba	According-Jim	According-Jim	Home Improve.	Home Improve.	Due South
	601	562	45	SLC	Rich Bride Poor Bride		In Laws	In Laws	End/Leash	End of Leash	End of Leash	End of Leash	ET Canada
	625	548	46	COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Lucky Louie	Hot Box	Daily Show
	294	529	47	TBS	Family Guy	Family Guy	*Lost Boys: The Tribe* (2008, Horror) Tad Hilgenbrinck.				Seinfeld	Seinfeld	Law & Order
	600	564	49	H&G	House Hunters	Property Virgin	Bang, Buck	Property Shop	Flipping Out		House Hunters	House Hunters	Holmes/Homes
	627	528	50	SPC	Stargate Atlantis (DVS)		Doctor Who		Primeval		Medium "Bite Me"		Stargate SG-1
	581	566	53	MTV	The City	After	Cribs	Hired	The Hills	The City	The City	Downtown Grls	MTV Live
	618	524	54	TROP	Colin & Justin's Home Heist		Hoarders		Runaway Sq.	Runaway Sq.	Parking Wars	Parking Wars	TV -Torrens
	522	506	55	HIS	Pawn Stars	Pawn Stars	MysteryQuest (HDTV)		Ice Road Truckers (N)		Nostradamus Effect		Outlaw Bikers
	129	773	60	CD	Biographies "Claude Legault"		Réscapes de la justice (HDTV)		C'est incroyable! "Déchaînés"		Chasse	Chasse	Survivre
	261	394	61	V	Murder, She Wrote		No Place Like	Hallelujah!	Kingdom		Unscripted	Islam in China	Doc
	602	567	62	W	Kim	How Clean	Grocery Bag	Grocery	Cupcake Girls	Cupcake Girls	*Crossed Over* ★★ (2002, Docudrama)		
	269	350	70	APTN	Investigates	Reel Insights		Down2Earth	Canadian Geographic		Mighty River	Uumatmnin "Herschel Island"	
	621	527	71	TLK	Look-A-Like	TMZ	The Ellen DeGeneres Show		The View (HDTV) (N)		The Dr. Oz Show		TMZ
	603	561	95	FN	Ricardo	Eat, Shrink	Challenge		Restaurant Makeover		Chopped		Chef School

critics'corner

Law & Order: Special Victims Unit

After a journalist is found murdered in her bed with an X carved in her cheek, Cragen (Dann Florek) remembers a similar case 30 years earlier, when the "Bedtime Butcher" murdered five women. The trail leads Benson and Stabler (Mariska Hargitay, Christopher Meloni) to a patrol cop (guest star Jaclyn Smith) and the prime suspect's jealous ex-lover (Ann-Margret) and also sends Benson on a dangerous undercover mission in "Bedtime." 10 PM on 9 NBC



CMT on the Beach

Where was this show back in February when we were shivering? CMT hosts Elissa Lansdell, Lindsay Stone, Paul McGuire and Joel Stewart are at the Beaches Boscobel Resort in Jamaica for a tuneful four-part series. Each episode features a special guest performer; among those scheduled are Lady Antebellum, Darius Rucker and One More Girl. 6 PM on 43 CMT

THE VIDEO EVERYONE'S TALKING ABOUT

Visit metronews.ca to watch metrotube

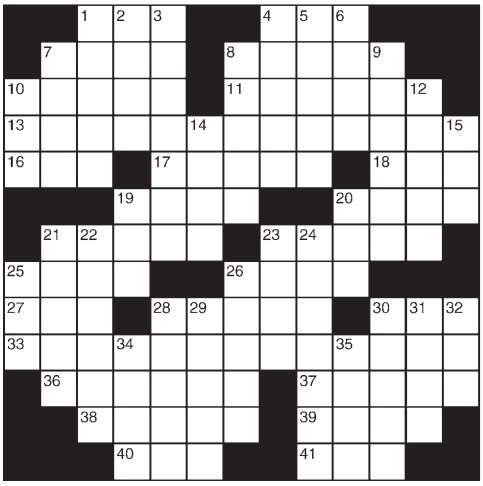
The Weather Network ©The Weather Network 2010

Today Partly cloudy 27°/ 15°
Thursday Showers 80% 23° / 15°
Friday Partly cloudy 25°/ 16°

IT'S LIKE HAVING A METEOROLOGIST LIVING IN YOUR POCKET. Get your weather on the go with theweathernetwork.com

For more delicious Metro recipes, visit: **metronews.ca/food**

Take Five



Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

1								8
	5	9				7	2	
			6	9	7			
		1	8	5	6	2		
5	4						3	9
		2	4	3	9	1		
			1	2	8			
	1	4				8	7	
2								3

ACROSS

1 That girl
4 Frequently, in verse
7 Scruff
8 Speak off the cuff
10 Varnish ingredient
11 Oklahoman
13 Focus
16 Pismire
17 Hula hoopsite
18 Obtained
19 Singer Vikki
20 "Little Women" woman
21 "The — Show With Jon Stewart"
23 Ecstasy
25 Connect the —
26 Bank transaction
27 John's Yoko
28 TV airings
30 Spanish Mrs.
33 Aries or Orion
36 Undo a law
37 Avarice
38 Big name in retail
39 Kvetches
40 Bug spray abbr.
41 Nay antithesis

DOWN

1 Lacks
2 Grand-scale tale
3 Subscription extension
4 Smells
5 Be buoyant
6 Coloration
7 Bygone Dodge compact
8 Moving about
9 Pale yellow shades
10 Nipper's co.
12 Alex Haley book
14 Not, quaintly
15 To the — degree
19 Grafton's "— for Corpse"
20 Crib
21 Organ transplant VIP
22 Expiates
23 Fruit container
24 Garfield's favorite food
25 Medic
26 Lounges
28 Place
29 Tin Woodman's desire
30 Prolonged attack
31 Bucks' mates
32 Moreover
34 Raced
35 Salver

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

4	3	1	2	9	5	8	7	6
7	6	2	1	8	3	4	9	5
9	5	8	4	6	7	1	2	3
8	2	9	5	1	4	3	6	7
5	1	3	6	7	9	2	4	8
6	4	7	3	2	8	9	5	1
1	8	6	7	4	2	5	3	9
3	9	4	8	5	6	7	1	2
2	7	5	9	3	1	6	8	4

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

Savoury Chicken and Biscuits

INGREDIENTS:

500 g skinless boneless chicken breasts, cubed
1 yellow onion, cut into chunks
225 g mushrooms, quartered
1 cup chicken broth
3 cloves garlic, minced
1 tsp rosemary
1/4 tsp each salt and pepper
2 tbsp cornstarch mixed with 1/4 cup cold water
1 cup peas
1 jar sliced pimentos, drained

BISCUITS:

1/2 cup buttermilk
1/2 tsp minced onion
1 cup all-purpose flour
1 tsp baking powder
1/4 tsp baking soda
1/8 tsp salt
3 tbsp butter

METHOD:

1. Preheat oven to 375°F (190°C). In large pot, combine chicken, onion chunks, mushrooms, broth, garlic, rosemary, 1/4 tsp salt and pepper. Boil, then simmer, uncovered, 3 minutes. Stir in cornstarch mixture. Cook 2 minutes. Stir in peas and pimentos; set aside.

2. For biscuits, combine buttermilk and minced onion; set aside. In large bowl, stir flour, baking powder, baking soda, and 1/8 tsp salt. Using pastry blender, cut in butter until mixture resembles coarse crumbs. Stir in buttermilk mixture just until combined.

3. Pat dough into 23-cm circle. Cut 9 biscuits with 5-cm cutter. Bring chicken mixture to boil; transfer to 2-L casserole. Arrange biscuits on top. Bake 20 minutes or until biscuits are golden.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton

sallybrompton.com For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
There are only so many hours in a day and it is a crime to waste even one of them tormenting yourself about things that are over and done with.

TAURUS ♉
APRIL 21-MAY 21
By all means get tough with someone today, but make sure they deserve to be criticized and make sure there is no way they can turn it back on you.

GEMINI ♊
MAY 22-JUNE 21
Keep things simple today. If you ask complicated questions you will tie yourself in knots and the answers will be just as far away as ever.

CANCER ♋
JUNE 22-JULY 22
You need to keep your wits about you today, especially when dealing with money. It's a big bad world out there, so stay sharp.

LEO ♌
JULY 23-AUG 23
A minor nuisance could easily develop into a major nuisance today, simply because you did not act quickly enough.

VIRGO ♍
AUG 24-SEPT 22
You don't have to justify your beliefs to anyone, and if someone tells you otherwise today they are not to be trusted.

LIBRA ♎
SEPT 23-OCT 23
You may not want to exert yourself today but you can still do something useful. Even reading a book or watching a TV program can expand your mind.

SCORPIO ♏
OCT 24-NOV 22
These may be challenging times for you but you are not the sort to feel sorry for yourself.The secret to success is to take action.

SAGITTARIUS ♐
NOV 23-DEC 21
Set yourself a tight schedule and stick to it come what may. You have a lot to get through before the end of the week. Don't fall behind in your chores.

CAPRICORN ♑
DEC 22-JAN 20
You may be practical by nature but you also know how to enjoy yourself and with one extra special friend will enjoy your company too.

AQUARIUS ♒
JAN 21-FEB 18
It's okay to get a bit emotional occasionally, but it's not okay to let it get out of hand. There's no need for tears.

PISCES ♓
FEB 19-MARCH 20
Don't focus on your weaknesses, focus on your strengths. Whatever it is you give most attention to that is what you attract back into your life.

This day in history

1835: P. T. Barnum and his circus start their first tour of the United States.
1925: Because of a lineup revision by Miller Huggins, Wally Pipp is replaced by Lou Gehrig at first base for the New York Yankees, beginning a streak of 2,130 consecutive games played.
1953:The coronation of Queen Elizabeth II, who was crowned Queen of the United Kingdom, Canada, Australia, New Zealand and Her Other Realms and Territories & Head of the Commonwealth, the first major international event to be televised.

METRO NEWS SERVICES

"I LOVE THIS PAPER"

Available on the App Store

"This app is a great way to read Metro when on the go" – *Real user review*

The free Metro Canada application is available on the *App Store.*

Don't have an iPhone or iPod touch?
Visit m.metronews.ca for news on the move.

metronews.ca

Clear& Simple

25th Anniversary

COMPLETE EYEGLASSES

$99

- All Prescriptions
- Includes Frame & Lenses
- All Conventional Lenses
- Single Vision or Multifocals
- No Conditions or Surprises
- No Dispensing Fees or Taxes

www.laurieroptical.com

Laurier Optical®

Applicable on all regular line frames, over 2,000 models to choose from. Special treatments and coatings available on request, (ask for our coating super packages). Upgrade to a designer frame for an extra $100.Take advantage of our HD introductory offers at 50% off our regular prices. If budget permits, see the world in High Definition. See store for details.

HD® HIGH DEFINITION

HD Single Vision $149 Frame & Lenses

HD Progressive Multifocals $299 Frame & Lenses